ŚWINIOK

(Poland)

Świniok (SHVEEN-yawk) comes from the mountainous region of Beskidy in the southern part of Upper Silesia in Poland. The name of the dance derives from a song. The word "świniok" (Silesian dialect for "świniarz") means a swineherd. The same dance appears in other parts of the Beskidy region under different names. The dance was introduced to California dancers at the 1974 University of the Pacific Folk Dance Camp in Stockton, California, by Ada Dziewanowska, who learned it in Cieszyn, Poland, from a noted Silesian folklorist, Janina Marcinkowa.

MUSIC: Record: Tance Slaskie 7167, Side B, Band 2.

FORMATION: Cpls in open pos facing LOD with outside hands free at sides, or M may place hand on his lower back, palm facing away from body.

STEPS: Polka: In this dance the same as the Two-step* with no hop, Hop*, Pivot*.

*Described in Volumes of Folk Dances from Near and Far published by the Folk Dance Federation of California, Inc., San Francisco, Calif.

MUSIC 2/4 PATTERN

INTRODUCTION No action.

I. POLKA WITH DOUBLE HOP

- Starting with outside ft (ML, WR), move fwd LOD with 1 polka step, bending fwd from the waist (cts 1,&) and straightening (ct 2).
- 2 Hop twice on outside ft (cts 1,2), swinging inside ft fwd LOD on the first hop and holding it there for the second hop.
- Release ptr and make a half turn twd ptr (M CW, W CCW) to face RLOD. Take open pos with W on ML and repeat action of meas 1-2 moving RLOD with opp ftwrk. On last hop finish facing ptr. M raise L hand to W shldr blade and put R arm around W waist, while W lower R hand to M shldr blade and put L hand on M upper arm.

II. PIVOT

Measures

1-8

5-8 Starting ML, WR, cpl dance a smooth, fast pivot CW making 4 complete turns with 8 steps while progressing in LOD.

Repeat dance from beginning.