

SUDMALINAS (Version I)
(Latvian)

Sudmalinas (pronounced Sood-mah-lynyas) means "The Little Mill."

In 1913 Miss Anna Raudkats traveled in the little known regions of Latvia collecting the dances which the peasants were still dancing but which had been forgotten in the urban areas. This is the dance as she found it in its native surroundings. It may be danced as a group dance with no change of couples or as a group dance changing couples. As danced in the United States couples sometimes exchange partners for the waltz.

Music

Record: #1038B in Imperial Record Album FD-4

The tempo of this record is much too fast. It is satisfactory when made slower.

Piano: Old Folk Dances From New Nations, Edith M. Gates

Formation

Two couples facing each other, forming a circle around the room.
W on R of M.

Steps

Polka*; Waltz*. The steps in Latvian dances are always small.

Music (2/4)	Pattern
Measure A 1 - 6 7 - 8 1 - 8 Repeat	I. <u>Circle Right and Left</u> The dancers in each set of two couples join hands and circle R (counterclockwise) with 6 polka steps beginning with the R ft. All stop, continuing to face center of little circle, and clap with each chord of the music (three times). Repeat action of meas. 1-8 starting with the L ft., and circling to the L (clockwise).
B 1 - 8 1 - 8 Repeat	II. <u>Polka With Partner</u> In shoulder-waist position*, partners either polka around the room, or polka around the same opposite couple with sixteen polka steps. Finish by again forming sets of two couples.
C 1 - 6 7 - 8 1 - 8 Repeat	III. <u>Right- and Left-Hand Mills</u> With R hands joined in the center (M with M; W with W, i.e. R-hand-mill formation) dance six polka steps clockwise. All stop, face center of little circle, and clap three times. Repeat action of meas. 1-8 with L hands joined in L-hand-mill formation, and polka counterclockwise.
D 1 - 8 1 - 8 Repeat	IV. <u>Waltz</u> In Latvian waltz position (the outstretched hands are held with palms together, not clasped) waltz freely around the room for 16 waltz steps. (Couples may change partners for the waltz). Couples finish this waltz opposite another couple ready to repeat the dance.

SUDMALINAS (Version II)
(Latvian)

This more extended version of Sudmalinas is popular in England. It is quite descriptive of the meaning of the name Sudmalinas, "The Little Mill."

<u>Music</u>	Piano: <u>Folk Dances From Many Lands</u> (Third Series) Music Booklet, Ling Association, London.
<u>Formation</u>	Four couples, numbered 1, 2, 3, 4, counterclockwise, in quadrille formation. This dance may also be performed with eight couples. In this case two couples are on each side of the square.
<u>Steps</u>	Polka*; Waltz*. The steps in Latvian dances are always small.

Music (2/4)	Pattern
Measure	I. <u>Circle Right and Left</u>
A 1 - 6	Each set of four couples join hands, and beginning with the R ft. circle R (counterclockwise) with 6 polka steps.
7 - 8	Stop, face center of little circle and clap with each chord of the music (three times).
1 - 8	Repeat action of meas. 1-8 starting with the L ft., and circling to the L (clockwise).
Repeat	
B 1 - 8	II. <u>Polka Around Inside the Set</u>
	Stand in square formation. In closed position*, the first and third couples dance 8 polka steps revolving and moving counterclockwise around the inside of the set, returning to their own places.
1 - 8	Second and fourth couples repeat action of meas. 1-8 moving in the same direction.
Repeat	
	III. <u>Small Mill</u>
	The M of the first and second couples join R hands, followed by the W of the first and fourth couples joining R hands above them, making a star or mill formation. At the same time the M of the third and fourth couples and the W of the second and third couples form another small mill. Free hands are on hips.
C 1 - 6	Both mills take 6 polka steps moving clockwise.
7 - 8	Stand, clap own hands three times on the accent of the music, and turn R to face in the opposite direction.
1 - 8	With L hands joined, repeat action of meas. 1-8 moving counterclockwise.
Repeat	
D 1 - 8	IV. <u>All Polka Around the Set</u>
1 - 8	In closed position, couples polka around the set, revolving and moving in a counterclockwise direction.
Repeat	
	<u>First Repetition of Dance</u>
A 1 - 8	I. <u>Circle Right and Left</u>
1 - 8	Repeat action of Figure I as previously described.
Repeat	
B 1 - 8	II. <u>Polka Around Inside the Set</u>
1 - 8	Repeat action of Figure II as previously described.
Repeat	

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Music (2/4)	Pattern
Measure	III. <u>Closed Mill</u> The W of the first and third couples, and the W of the second and fourth couples join R hands. The M on the outside of the mill place their R arm around partner's waist, L hands on hips. C 1 - 6 All move clockwise with 6 polka steps. 7 - 8 W release hands and couples turn L about so that W are now on the outside of the Mill. M join L hands. 1 - 6 All move counterclockwise with 6 polka steps. Repeat 7 - 8 All move back into own position in the square. Repeat
D 1 - 8 1 - 8 Repeat	IV. <u>All Polka Around the Set</u> Repeat action of Figure IV as previously described.
A 1 - 8 1 - 8 Repeat	<u>Second Repetition of Dance</u> I. <u>Circle Right and Left</u> Repeat action of Figure I as previously described.
B 1 - 8 1 - 8 Repeat	II. <u>Polka Around Inside the Set</u> Repeat action of Figure II as previously described.
C 1 - 6 7 - 8 1 - 6 Repeat 7 - 8 Repeat	III. <u>Big Mill</u> General formation is similar to closed mill (Figure III, 1st repetition), but W and M hold hands shoulder height with arms straight. C 1 - 6 All move clockwise with 6 polka steps. 7 - 8 All release hands, turn L about in place, clap hands once, and resume the same hand grasp with W, joining L hands on the inside, M remaining on the outside of the mill. 1 - 6 All move counterclockwise with 6 polka steps. Repeat 7 - 8 All move back into own position in the square. Repeat
D 1 - 8 1 - 8 Repeat	IV. <u>All Polka Around the Set</u> Repeat action of Figure IV as previously described.