STUDENTENPOLKA
AUSTRIAN

This dance was taught by Gretal and Paul Dunsing to Walter Grothe, who presented it at the 1958 College of Pacific Folk Dance Camp. The source is the book “Tiroler Volkstaenze” by Dr. Karl Horak.

MUSIC:
Record: Telefunken-Decca T-71652

FORMATION:
Sets of 3 people, preferably 1 M between 2 W, all facing LOD (CCW). Inside hands are joined shoulder height, outside hands are free at sides or on hips.

STEPS:
Step-swing*, Laendler waltz (a smooth waltz with slight accent on ct 1), running step*

* Described in “Folk Dances from Near and Far,” Vols I-VIII.

MUSIC 3/4, 2/4 PATTERN

Measures: 3/4

4 meas
INTRODUCTION

I. STEP-SWING

A 1-8
All beginning L, move fwd in LOD (CCW) with 8 low step-swings.

II. LAENDLER WALTZ WITH TURN

1-8 (repeated)
Beginning L, continue moving LOD with 8 laendler waltz steps: M straight ahead, both W turn twd M (R W turn CCW, L W turn CW). Make 4 turns in all with 2 laendler waltz steps to each turn.

Measures: 2/4

III. ARCHES

B 9-10
With 4 small running steps, L W move across to R while making arch with M, R W move across to L under arch, M make one-half turn CCW. (Action is L hand high, R hand low).

11-12
Continuing with 4 small running steps, R W move across to L while making arch with M, L W move across to R under arch, M make one-half turn CW. (Action is R hand high, L hand low).

13-16
Repeat action of Fig III, meas 9-12.

IV. ELBOW TURNS

9-10
(Repeated)
With 4 small running steps, M make R elbow turn with R W (one complete turn.).

11-12
Continuing with 4 small running steps, M make L elbow turn (one complete turn) with L W, thus making a figure eight. R W continue to turn alone in same direction as elbow turn with M.

13-14
Repeat action of Fig IV, meas 9-10 (repeated). L W continue to turn alone in same direction as elbow turn with M.

15-16
Repeat action of Fig IV meas 11-12 (repeated.)

Repeat dance from beginning.