

Stopparen (Norway)

Stopparen (STOHP-pahr-en) is a version of a dance widely known throughout northern Europe and the United States. The American melody is known as "Put Your Little Foot." Stopparen is unusual because it contains both 3/4 and 2/4 meters. Egil Bakke filmed the dance and included the original description in his book Danse, Danse, Lett Ut På Foten, Noregs Boklag, Oslo, 1970. Stopparen was presented by Alix Cordray at the 1995 University of the Pacific Folk Dance Camp in Stockton, CA.

Cassette: Norwegian Dances, Stockton '95 Side A/2. 3/4, 2/4 meter

Formation: Circle of couples (M back to ctr) in Shoulder/Shoulder-blade* pos with M L hand a little higher than R on W back. Couples may also be in Norwegian Waltz pos which is the same as Closed-Ballroom pos* except that joined hands (M L, W R) are both palm down with M hand on top, his fingers curled around the outer edge of W hand.

Steps and Styling: Polkamasurka step (3/4 meter, 1 to a meas): Moving sideways, step on L to L side (ct 1); step on R beside L (ct 2); bouncing on R, swing L ft slightly out to L and back to where it was beside R, (ct 3). Step repeats exactly. May be danced starting with R ft.

Stop (2/4 meter, 1 to a meas): Stop R: Stamp R ft beside L without wt (ct 1); do a small bounce on L (ct 2). Stop L would use opp ftwk.

Norwegian styling: All steps have a low, bouncy quality which originates in the flexion and extension of the ankles and knees.

* Described in Steps & Styling, published by Folk Dance Federation of CA., Inc.

Measures	3/4, 2/4 meter	PATTERN
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3/4 meter

2 meas INTRODUCTION No action.

I. POLKAMASURKA AND HALF TURNS

1-2 Beg M L, W R dance 2 Polkamasurka steps sdwd in LOD (CCW).

3 With 3 steps beg M L, W R, turn 1/2 CCW as a cpl to exchange places ending with M facing ctr. M take small steps almost in place. W take larger steps: step sdwd R on R, step L next to R, step sdwd R on R.

2/4 meter

4 Beg M R, W L dance 1 Stop step.

5-8 Repeat meas 1-4 with opp ftwk and direction (turn CW). End with M back to ctr.

9-16 Repeat meas 1-8

II. HALF TURNS

1-2 Repeat Fig I, meas 3-4 (turn 1/2 CCW and Stop).

3-4 Repeat Fig I, meas 3-4 with opp ftwk and direction (turn 1/2 CW and Stop).

5-8 Repeat meas 1-4.

III LONG TURNS

3/4 meter

1-3 Beg M L, W R dance 3 steps per meas, turning CCW 1½ times while moving in LOD. End with M facing ctr.

2/4 meter

4 Beg M R, W L dance 1 Stop step.

5-8 Repeat meas 1-4 with opp ftwk, turning CW but still moving in LOD.

9-16 Repeat meas 1-8.

SEQUENCE: Dance pattern as written three times.