SNURREBOCKEN
(Swedish)

Various sources of this dance give varying arrangements. This particular one is arranged to fit the record listed below. Although the individual step-patterns are the same, the piano music listed will require a different arrangement.

MUSIC:
Record: Folk Dancer M H 1047—"Snurrebocken"
Piano: "Svenska Folkdanser Och Sallakapsdanser"—Publisher: Svenska Ungdansringen For Bygdekultur, Stockholm 1944.

FORMATION:
Couples in single circle, partners facing each other (M facing CCW). Hands are placed on own hips.

STEPS:
Bow; Delsbopolska: Done in shoulder-waist position*. Man's part: M steps fwd on L and pivots to R on L (one complete turn) without touching R ft to floor (ct 1). M touches ball of R ft beside L without taking weight on R (ct 2). M steps fwd on R (ct 3). Woman's Part: W jumps lightly onto both ft (ct 1), W leaps lightly onto R ft (ct 2), W leaps lightly onto L ft (ct 3).

Note: Throughout step, couple revolves CW and travels CCW about the room. Caution—W must keep steps small and close to the floor. M should keep weight on ball of ft and not on heels; Spring step: Light running step.

### MUSIC 3/4 PATTERN

<table>
<thead>
<tr>
<th>Measures &amp; 3 &amp; (3 notes)</th>
<th>Introduction</th>
</tr>
</thead>
</table>

#### I. Bow

1. With ft together and hands placed on hips, partners bow low to each other in a stately fashion (ct 1 & 2). Turn one-half R so that they are back to back (ct & 3 &).

2. Bow low to neighbor (back twd partner) (ct 1 & 2), turn one-half R to face each other and pause (ct & 3 &)

Note: Music on I is very retarded.

#### II. Delsbopolska

1-8 Partners take eight Delsbopolska steps.

#### III. Spring Step

9-16 Assume open position.* Beginning outside ft (ML, WR) move fwd CCW with 24 spring steps.

Repeat all as many times as music permits.

*Description of steps and positions found in VOL. VI Folk Dances From Near and Far.