

# SISSACHER SCHOTTISCH

(Switzerland)

Sissacher Schottisch (SEE-sah-hehr SHOH-tish) from Northern Switzerland, was introduced at the University of the Pacific Folk Dance Camp by Carmen Irminger, Zurich, Switzerland in 1970.

The Swiss schottisch is the same as our polka, while their polka is the same as our schottische.

MUSIC: Record: Columbia EMI-3E-016-33518, Side B, Band 3  
SEVZ 608

FORMATION: Circle of cpls in closed pos, M back to ctr, joined hands extended twd LOD.

STEPS and Dung-Stamping: A heavy walking step (2 steps to 1 meas).  
STYLING:

Body leans slightly twd stepping ft. Steps are earthy and deliberate.

Polka\*, Heel and Toe Polka\*, Pivot\*

\*Described in Volumes of Folk Dances from Near and Far, published by the Folk Dance Federation of California, Inc., San Francisco, California 94103.

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MUSIC 2/4

PATTERN

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Measures

4 meas INTRODUCTION - no action

I. DUNG-STAMPING AND POLKA

A 1-4 Beginning ML-WR, take 8 Dung-Stamping steps, making 1 turn CW in place.

5-8 Dance 4 polka steps in LOD (CCW), turning twice CW.

1-8 Repeat action of meas 1-8. W - no wt on last step.  
(repeated)

II. HEEL AND TOE POLKA SDWD TO CTR

Assume varsouvienne pos, facing LOD.

B 1 Both begin L and dance heel and toe diag sdwd L.

2 M: Dance 1 polka step in place.

W: Dance 1 polka step sdwd L to end at M L side.

3-4 Repeat action of meas 1-2 (Fig II), reversing ftwork and direction.

5-8 With R hands joined high, L hands low on hips, fingers fwd,

M move fwd in LOD with 4 polka steps while W makes two turns CW in front of him.

End with W at M-R side and assume varsouvienne pos.

1-8 Repeat action of meas 1-8 (Fig II). End in double circle, M back to ctr.  
(repeated)

W - no wt on last step.

Sissacher Schottisch (continued)

III. POLKA AND PIVOT TURN

- C 1-2 In closed pos, beginning ML-WR, dance 2 polka steps in LOD (CCW) making one CW turn.
- 3-4 Dance 4 pivot steps in LOD, making two CW turns.
- 5-8 Repeat action of meas 1-4 (Fig III).
- 1-8 Repeat action of meas 1-8 (Fig III). Finish with M back to ctr.  
(repeated)

IV. HEEL AND TOE POLKA SDWD IN LOD

- D 1-2 In closed pos, beginning ML-WR, dance heel and toe and one polka step sdwd in LOD (CCW), joined hands extended fwd.
- 3-4 Repeat action of meas 1-4 (Fig IV). Reverse ftwork and direction, joined hands curved upward.
- 5-8 In closed pos, beginning ML-WR, dance 4 polka steps in LOD (CCW) making two CW turns.
- 1-8 Repeat action of meas 1-8 (Fig IV).  
(repeated)

V. DUNG-STAMPING AND POLKA

- A 1-8 and Repeat action of Fig I, meas 1-8 and 1-8 (repeated).  
1-8  
(repeated)