

## Signa

(Bulgaria)

From the village of Sofròniewo, North Bulgaria, Signa is a very good example of the Vlach Dances from Bulgaria. The dance was presented by Iliana Bozhanova and the music by Lyuben Dossev at the 2003 Stockton Folk Dance Camp. The first two figures were choreographed by Iliana from steps of the area, and the third step is traditional.

Pronunciation: SIG-nah

CD: *From East to West*, IBLD#9, Band 5 2/4 meter

Formation: Mixed open circle, leader at R end. The hands are on belts.

Steps and Twizzle: Step diag back on ball of R ft, twisting both heels to R. Can be done with opp ftwk. Shldrs very relaxed, turning naturally in same direction as heels.

Scissors: Shift wt in place with a small leap onto one ft as the other is simultaneously kicked fwd with straight leg, close to the floor. Repeats with opp ftwk.

Styling: Highly energetic, the steps in Fig I can be done as leaps depending on the energy of the dancer.

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Meas	Pattern
16 meas	<u>INTRODUCTION</u> . No action.
	<u>FIGURE I</u>
1	Facing diag R, L toe twd ctr, hop on L in place (ct 1); step on R to R side (ct &); step on L across R (ct 2); hold (ct &).
2-3	Repeat meas 1 twice.
4	Jump on both ft close together (ct 1); hop on R while kicking with L to R side (ct 2).
5	Hop on R in place while turning body to L side (ct 1); step on L behind R (ct &); step on R next to L (ct 2); hold (ct &).
6	Facing diag L, jump on both ft close together (ct 1); hop on L while kicking with R ft to L side (ct 2).
7	Hop on L in place while turning the body to face ctr (ct 1); step on R in place (ct &); step on L across R (ct 2); step on R in place (ct &).
8	Facing ctr, step on L next to R (ct 1); step on R across L (ct &); step on L in place (ct 2); hold (ct &).
	<u>FIGURE II</u>
1	Facing ctr and bending fwd slightly from waist, step on R heel twd ctr (ct 1); step on L behind R (ct &); step fwd on R, heel leading (ct 2); hold (ct &).
2	Repeat meas 1 with opp ftwk.

- 3 Straightening, twizzle on both ft, R ft back and L ft in place (ct 1); twizzle on both ft moving bkwd, L ft back and R ft in place (ct 2).
- 4 Repeat meas 3.
- 5 Jump on both ft close together in place (ct 1); hop on R in place while kicking L ft fwd (ct 2).
- 6 Repeat meas 5 with opp ftwk.
- 7 Hop on L in place while bending R knee and kicking R heel bkwd (ct 1); hop on L in place while kicking R heel fwd (ct 2).
- 8 Hop on L in place while bending R knee and kicking R heel bkwd (ct 1); stamping hop on L while kicking R heel fwd, bending body slightly fwd (ct 2).

FIGURE III

- 1 Facing ctr, hop on L in place while tapping R heel to R side, no wt (ct 1); hop on L in place while tapping R heel in front, no wt (ct 2).
- 2 Repeat meas 1.
- 3 Leap onto R in place while tapping L heel to L side, no wt (ct 1); hop on R in place while tapping L heel in front, no wt (ct 2).
- 4 Hop on R in place while tapping L to L side (ct 1); hop on R in place while tapping L heel in front, no wt (ct 2).
- 5 Scissors, leap bkwd onto L (ct 1); scissors, leaping bkwd onto R (ct 2).
- 6 Jump on both in place close together (ct 1); hop on L while kicking R ft fwd (ct 2).
- 7 Repeat meas 6 with opp ftwk.
- 8 Repeat meas 6.

Sequence: Fig I twice; Fig II twice; Fig III twice.  
Repeat this sequence until the end of the music.

Music presented by Lyuben Dossev at the 2003 Stockton Folk Dance Camp.

# S I G N A

The musical score for "Signa" is written in treble clef with a key signature of one sharp (F#) and a time signature of 2/4. It consists of seven staves of music. The first staff begins with a first ending bracket labeled "1" and a repeat sign, followed by a measure marked "x4". The second staff contains a first ending bracket labeled "1,3." and a second ending bracket labeled "2,4.". The third staff features a double bar line with a fermata and a repeat sign. The fourth staff has a first ending bracket labeled "4". The fifth staff continues the melodic line. The sixth staff has a first ending bracket labeled "1,3." and a second ending bracket labeled "2,4.". The seventh staff begins with a first ending bracket labeled "2,4." and a second ending bracket labeled "6", followed by a first ending bracket labeled "7". The score includes various rhythmic patterns, including eighth and sixteenth notes, and rests.

The musical score consists of five staves of music in G major (one sharp). The first staff contains the initial melody. The second staff begins with measure 8, featuring a trill ornament. The third staff begins with measure 9, also featuring a trill ornament. The fourth staff includes first and second endings, with a trill ornament in the first ending. The fifth staff begins with measure 10, featuring a trill ornament, and concludes with a first and second ending, ending with a double bar line and a fermata. The word "Fine" is written below the final staff.