

Shir Ha'shirim (Israel)

Shir Ha'shirim (SHEER hah-shee-REEM) translates as "Song of Songs." Shlomo Bachar choreographed the dance and presented it at the 1990 University of the Pacific Folk Dance Camp. Music is by B. Talon.

CASSETTE: Special by Shlomo Bachar for UOP Camp 1990 Side A/1. 4/4 meter

FORMATION: Dancers in a closed circle, hands joined ("V" Pos*).

STEPS: Mayim*, step-hop*, yemenite*. Take wt on all stamps.
Hands are joined whenever feasible.

STYLING: Dance enthusiastically with a bouncy style.

*Described in Steps and Styling, published by the Folk Dance Federation of California, Inc.

MUSIC	4/4 meter	PATTERN
-------	-----------	---------

Measures

3 notes + INTRODUCTION No action. Begin with vocal.
8 meas

I. CIRCLE LEFT

1-2 Dance two mayim steps moving CW. Begin each mayim step with a stamp on the R ft across the L.

3 Swinging joined hands fwd, step-hop on R ft into ctr of circle (cts 1-2); release hands and turn CW to face out of circle with a step-hop on L ft (cts 3-4).

4-5 Yemenite R and L.

6 Step on R ft out of circle and snap fingers of both hands to R side (ct 1); hold (ct 2); step and snap L (ct 3); hold (ct 4).

7-8 Yemenite R (meas 7); turn CW to face ctr with a yemenite L (meas 8).

9-16 Repeat meas 1-8.

II. IN AND OUT

B 1 Facing ctr, step on R ft to R and hold arm spread apart at an angle with the body (ct 1); hold (ct 2); step on L ft across R and cross hands with R over L and snap fingers (ct 3); hold (ct 4).

2 Yemenite R.

3-4 Repeat meas 1-2 with opp ftwk and direction.

5 Step on R ft twd ctr of circle, turn slightly CCW and simultaneously swing R hip to R, bend R knee, extend R arm to R with hand extended out with palm down with a push down and out motion (cts 1-2); step L in place and continue CCW turn to end facing out (cts 3-4).

6 Continuing CCW turn, repeat meas 5 to end again facing ctr.

7-8 Yemenite R and L.

9 Turn to face CCW and dance a Debka step by touching R heel fwd (ct 1) and leaping lightly onto R ft (ct 2); step fwd on L ft (cts 3-4).

10 Face ctr and yemenite R.

11-12 Repeat meas 9-10 with opp ftwk and direction.

13-16 Repeat meas 5-8.

32 meas Repeat Fig I and Fig II.

INTERLUDE (instrumental)

C 1-8 Repeat Fig II, meas 1-8.

32 meas Repeat Fig I and Fig II. End with a stamp on L ft in front of R (meas 16, ct 3).