

Serez

(Serbia)

Serez (Seh-REHZ) is the Serbian rendition of “Serres.” This dance was created by the Serbs influenced by the Macedonian people who immigrated to south Serbia from Serres, a regional unit of Greece (part of the Region of Central Macedonia); its capital is the town of Serres. The dance form is made up of six four-quarter beats. Within the framework of this dance form, four other variations also exist. The dance is a medley; one of the variants is similar to the dance Pembe which belongs to the Vranjsko Polje region. The variants danced in Vranjsko Polje, Kosovo and Vladičin Han differ one from another. Miroslav “Bata” Marčetić presented this dance at the 2014 Stockton Folk Dance Camp.

Music:	2/4 Meter	<i>Serbian Folk Dances Vol. 4, Track 1</i>
Video:	2014 Stockton Folk Dance Camp DVD. Camp videos can be viewed in the library at the University of the Pacific or by contacting a Camp participant who purchased it.	
Formation:	Danced in a semi-circle, facing center, movement is towards the right (LOD). Arms in W-pos, hands at shoulder height.	
Steps and Styling:	Light, proud and bouncy; lots of knee action.	

Measures	2/4 meter	PATTERN
8	<u>INTRODUCTION.</u> No action. Raise arms from V-pos to W-pos on meas 8.	
	I. <u>SWAY, LIFT and TRAVEL.</u>	
1	Facing ctr, sway L and R (ct 1 &); lift L in front of R with small bounce on R (ct 2).	
2	Lifting slightly on R, swing L around and behind R (ct 1); step L across behind R (ct &); turning to face slightly R (LOD), step R fwd (ct 2); step L slightly fwd (ct &).	
3	Lift on L, raising R knee fwd (ct 1); step R slightly fwd (ct &); step L across behind R (ct 2); step R slightly fwd (ct &).	
4	Repeat meas 3 with opp ftwk.	
5	Facing ctr, repeat meas 3.	
6	Bring feet together with bent knees (ct 1); straighten knees (ct &); bounce knees twice (cts 2, &). Weight distributed equally so this Fig can be repeated or switched to Fig II.	

II. LIFTS and CROSSING.

- 1 Facing slightly R (LOD), bounce on L lifting R knee (ct 1); step R fwd (ct &); bounce on R lifting L knee (ct 2); step L fwd (ct &).
- 2 Bounce on L lifting R knee (ct 1); facing ctr step R to R (ct &); step L slightly in front of R (ct 2); step back onto R (ct &).
- 3 Repeat meas 2 with opp ftwk and direction.
- 4 Bounce on L lifting R knee (ct 1); turning to face LOD, step R fwd, raising L ft to R calf (ct &); pivot 180° CW on R (ct 2); step L fwd to face ctr. (ct &).
- 5 Repeat meas 2.
- 6 Repeat meas 3. (If returning to Fig. I, use Fig I meas 6.)

III. ENDING.

- 1-2 Repeat Fig I meas 1-2, except on the last ct of meas 2, close L to R (ct &).

Sequence: At call of leader. Suggestion: Fig I four times, Fig II four times, Fig I, ending.
