

## Sej Sej Bob (Dobrudža, Bulgaria)

Sej Sej Bob (say say bahp), which refers to planting beans, is a type of line-râčenica found throughout Dobrudža under various names: Kucata, Brâsni Câr vul, Pandalaš, etc. It was learned from Liliana Zafirova and Stefan Vaglarov, of Sofia, by Yves Moreau, who taught it at the '81 and '97 Stockton Folk Dance Camps.

Music: Record: DB 8101, Side A/1; Cassette: YM-UOP-97, Side A/1.

Rhythm: meter =  $7/8 = 2/8 + 2/8 + 3/8$ ; counted here as 1, 2, 3 or quick, quick, slow.

Formation: Mixed lines of dancers facing slightly R of ctr, hands joined down in V-pos or belt hold, L over R.

Steps and Čukče: Raise and lower heel of supporting foot, coming down on the beat.

Styling: Feeling is fairly heavy and proud, with marked knee bend and straight upper body.

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Measures	7/8 meter	PATTERN
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16 meas INTRODUCTION (instrumental). No action.

### I. BASIC STEP

- 1 Moving in LOD, step onto L in front of R (ct 1); hold (ct 2); step on R beside L with marked knee flexion (ct 3).
- 2-4 Repeat meas 1 three more times.
- 5 Turning sharply to face L of ctr, step on L (ct 1); stamp R sharply beside L, with no wt and a slight fwd bend of the body (ct 2); straightening body, step on R to R and slightly behind L (ct 3).
- 6 Facing slightly R of ctr, Čukče on R, raising L leg fwd (ct 1); step fwd on L (ct 2); with R ft turned out and heel near L instep, stamp sharply on R, no wt (ct 3).
- 7 Step back slightly on R (ct 1); hold (ct 2); Čukče sharply on R, raising L ft fwd (ct 3).
- 8-10 Repeat meas 5-7.
- 11 Facing ctr, leap slightly sideways L onto L (ct 1); facing L of ctr, brush-step (scuff) R heel across in front of L (ct 2); moving in RLOD, step on R across in front of L (ct 3).
- 12 Facing ctr, step on L to L (ct 1); hold (ct 2); touch R ft next to L (ct 3).
- 13 Repeat meas 12 with opp ftwk and direction.
- 14-15 Repeat meas 11-12.
- 16 Facing R of ctr, step on R in LOD (ct 1); hold (ct 2); raising L leg in front, chug on R in LOD (ct 3).

SEQUENCE: Dance pattern as written to end of music.