

Sej Bob

(Bulgaria)

Sej bob (SAY BAHP), which refers to planting large, usually white, beans (bob), is quite similar to several other dances, including Zarui bob, Povlekana, Kucata, Brâsni Cârful and Pandelas. This dance was choreographed by Hristo Hristov and presented by Roberto Bagnoli at the 2014 Stockton Folk Dance Camp.

Music: 7/8 Meter *Ethnic Festival 2014 – Roberto Bagnoli, Track #2.*
Q-Q-S counted as 1 2 3.

Video: *2014 Stockton Folk Dance Camp DVD.* Camp videos can be viewed in the library at the University of the Pacific or by contacting a Camp participant who purchased it.

Formation: Mixed short lines facing center, hands in V-pos.

Steps and Styling: Relaxed, bent knees with a “down to earth” feel.

Measures	7/8 meter	PATTERN
1-3	<u>INTRODUCTION.</u> No action during drum beats. Begin dance with the melody.	
	I. <u>FIGURE I.</u>	
1	Bending body slightly fwd, touch L to L, swinging arms back (ct 1); move L with a circular movement fwd (ct 2); step L in front, swinging arms fwd (ct 3).	
2	Stamp R next to L, swinging arms back (ct 1); hold (ct 2); step R diag bkwd R, swinging arms fwd (ct 3).	
3	Small step L bkwd, swinging arms bkwd (ct 1); hold (ct 2); small step on R bkwd, swinging arms fwd (ct 3).	
4-24	Repeat meas 1-3 seven more times.	
	II. <u>FIGURE II.</u>	
1	Facing ctr, step L a little fwd twd ctr (ct 1); stamp R next to L (ct 2); leap onto R sdwd and a little fwd twd ctr (ct 3)	
2	Repeat meas 1.	
3	Three steps L-R-L fwd twd ctr (cts 1-3).	
4-6	Repeat meas 1-3 with opp ftwk and direction, stamping slightly fwd.	
7-12	Repeat meas 1-6.	