

S'EE YONA

(Israel)

S'ee Yona (see-yo-NAH) is a dance based on a Yemenite style which was choreographed by Moshiko Halevy in 1974 and presented at the 1976 University of the Pacific Folk Dance Camp.

- MUSIC: Record: "Dance with Moshiko", MIH-3, side 2, band 2.
- FORMATION: Closed circle, ahdns joined at shoulder height, slightly fwd.
- STYLE: Slightly elastic knees, small movements, ft close to floor.
- STEPS: Bounce: With weight on one or both ft raise heels (upbeat), lower heels (downbeat).

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MUSIC 4/4

PATTERN

Measures

- 1-3 I. INTRODUCTION - no action. The bell sounds occur during measure 3.
- II. CROSS AND ROCK
- 1 Step R to R (ct 1); step L in place (ct 2); step R crossing in front of L (Ct 3); step L to L (ct 4).
- 2 Step R crossing in front of L (ct 1); tap L toe behind R ft (ct 2); swing L ft around in a small low circle to the front (cts 3,4).
- 3 Step L crossing in front of R (ct 1); step R to R (ct 2); step L crossing in front of R (ct 3); hold (ct 4).
- 4 Rock back on R, keeping L on floor (ct 1); hold (ct 2); rock fwd on L (ct 3); hold (ct 4).
- 5 Repeat action of cts 1-4, meas 4.
- 6 Step fwd on R (ct 1); hold (ct 2); rock back on L (ct 3); hold (ct 4).
- 7 Repeat action of meas 6.
- 8 Rock fwd on R (ct 1); step on L bkwd (ct 2); close R to L with a bounce (ct 3); bounce again on both ft (ct 4).
- 9-16 Repeat action of meas 1-8.
- III. FINGER SNAP AND HAND MOVEMENT
- 1 Bounce again and raise R ft sharply behind L (ct 1); leap lightly on R just behind L (ct 2); step on L ahead of R (ct 3); bounce (ct 4).
- 2 Repeat action of meas 1 (Part III).
- 3 Step R to R (body moves down slightly), open arms and snap fingers (ct 1); step L in place (body moves up) (ct 2); step R crossing in front of L (body goes down) bring arms together, hands crossed and snap fingers at shldr height (ct 3); step L in place (body goes up) (ct 4).
- 4 Repeat action of cts 1-3, meas 3 (Part III); step L in place, hands begin to move in a vertical circle, moving down with hands facing you and fingers in snapping position (ct 4).
- 5 Hands complete half a vertical circle, palms end up opened, facing away from body, (ct 1); reverse the hand circle, ending with hands facing body, fingers in snapping position (cts 2,3); continue hand movement (ct 4).

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- 6 Snap fingers (ct 1); hold (ct 2); moving in a circle CW and bringing hands slowly down, step on R (body moves down) (ct 3); step on L (body moves up) (ct 4).
- 7 Repeat action of cts 3,4, meas 6 (Part III) twice more (cts 1-4). Complete the CW turn started on ct 3 of meas 6.
- 8 Repeat ftwk of meas 7 (Part III). Begin to raise arms slowly from sides on ct 1 of meas 8; have them in pos by ct 4.

Repeat the dance 3 more times.

Note: At another time and place Moshiko presented a couple dance done to different music from his album MIH-4 but also called S'ee Yona.