SCHRITTWALZER
(Germany)

Schrittwalzer (SHREET-valt-zer), pace or step waltz, is a progressive dance. It was presented at the 1962 University of the Pacific Folk Dance Camp, Stockton, California, by Huig Hofman of Antwerp, Belgium.

MUSIC: RECORD: Folkraft 337-001B

FORMATION: Closed circle of cpls face ctr.

STEPS & STYLING: Waltz*, step-close*. When hands are joined, they are held shoulder height, elbows bent. Tension should be felt around the circle.

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MUSIC 3/4 PATTERN

Measures

INTRODUCTION - No action

I. TO THE CENTER AND BACK

Both begin L, dance 2 waltz steps twd ctr; dance 2 waltz steps bwd to place. When step begins L, move a little diag L; when step begins R, slightly diag R.

5-8
Repeat action of meas 1-4.

II. CIRCLE LEFT AND RIGHT

A 1-4
With 4 waltz steps circle CW.

5
Still facing CW, dance 1 waltz step bwd (CCW) in LOD.

6-8
On ct 1 of meas 6 (Fig II) turn quickly R (CW) to face LOD (CCW); dance 3 waltz steps in LOD.

III. TO THE CENTER

B 1-2
Dance 2 step-close steps fwd diag. L twd ctr.

3-4
Dance 2 step-close steps fwd diag. R twd ctr.

5-8
Release hands with corner and join both hands with ptr, arms slightly rounded. Turn CW with 4 waltz steps, moving outward to enlarge circle, and back to place to end in single circle.

B 1-8
Repeat action of meas 1-8 (Fig III). End in double circle facing LOD (CCW), W to M R.

IV. COUPLES WALTZ IN LOD

C 1-2
With inside hands joined at shoulder height, dance 2 waltz steps fwd in LOD, M begin L, WR. Steps are directly fwd; no movement of joined hands.

3-4
Make half turn inward to face RLOD (CW). Join inside hands and with 2 waltz steps dance bwd in LOD (CCW).
SCHRITTWALZER (concluded)

5-8 In closed ballroom pos, cpls waltz 4 steps turning CW and progressing LOD (CCW).

C 1-7 Repeat action of meas 1-7 (Fig IV).

8 Keep ML-WR hands joined as M turns W CW under his L arm. Reform circle with W to L of her original ptr, and to the R of new ptr. Repeat entire dance with new ptr.

Dance repeats three times. Bow to ptr at conclusion of dance.