

## SAUERLAENDER QUADRILLE NO. 5

German

This quadrille is a very old traditional dance from Neheim-Husten, Westphalia. It was learned in Germany by Gretel and Paul Dusing, who presented it at Stockton Folk Dance Camp, 1957.

MUSIC: Record: Folkdancer MH 1129  
Piano: Westfaelische Heimattaenze, Otto Ilmbrecht,  
Hanseatische Verlagsanstalt, Hamburg.

FORMATION: Four cpls in square formation, Cpl 1 facing music, Cpl 2 opp them, Cpl 3 to R of Cpl 1, Cpl 4 to L of Cpl 1

STEPS: Neheimer Schritt (Neheimer Step, meaning step from Neheim village) is used throughout the dance. Each Neheimer Step (abbreviated N.S.) takes 2 meas or 8 cts.

STYLING: Bodies are carried tall and straight. Hands are down at sides. Face ctr of set at all times except when actually dancing. On first hop (ct 1), and not before, take position necessary to carry out step. As each dancer completes his portion of a dance figure, the last movement of closing ft together (ct 7) is done facing ctr. Action of this dance is very subtle; don't wave ft about, and don't give away who is going to be next to dance.

NEHEIMER STEP: (Described for L ft.)

meas 1 (done in place) Hop lightly on R, at same time touch L toe to floor beside R ft with heel turned out to side, knee turned in (ct 1). Hop lightly on R ft, at same time touch L toe to floor beside R ft with heel turned in twd R, knee turned out (ct &). Hop lightly on R ft, at same time touch L heel to floor beside R instep with ft parallel (ct 2). Hop lightly on R ft, at same time touch L toe to floor beside R toe with ft parallel (ct &). Also to be done on R ft by hopping on L ft, touching R toe, etc.

meas 2 (moving) a) Moving sdwd to L: Step to L on L ft (ct 1), step R behind L (ct &); close L to R with wt evenly divided on both ft (ct 2); rest (ct &). (Reverse ft and direction when moving to the R.)

b) Moving fwd: Step fwd on L ft (ct 1); step fwd on R (ct &). Close L to R, with wt evenly divided on both ft (ct 2); rest (ct &). (Also to be done starting fwd on R.)

Note: The second half of N.S. is danced in same style as first -- "the bounce" -- as in the hop, is always present. Moreover, the "rest" is a rest only when a step ends. If the movement is not finished, or if it leads immediately into the next, "the rest" becomes a preparatory "bounce" for the next step.

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MUSIC 2/4

PATTERN

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Measures

1-4 INTRODUCTION

Honor your own (meas 3). Honor your corner (meas 4).

I. PEEK-A-BOO

A 1-4 M 1 and W 2 dance 1 N.S. swd, M to L, W to R, playing a sort of "peek-a-boo" around cpl 4, and back to their places with 1 N.S. swd, M to R, W to L.

## SAUERLAENDER QUADRILLER NO. 5 (continued)

- 5-8 M 2 and W 1 repeat action of meas 1-4, peeking around cpl 3.  
1-4 M 3 and W 4 repeat action of meas 1-4, peeking around cpl 1.  
(repeated)  
5-8 M 4 and W 3 repeat action of meas 1-4, peeking around cpl 2.

### II. COUPLES TO RIGHT, AND BACK

- B 9-10 M and W of cpl 1 face each other and do 1 N.S. to R and  
11-12 1 N.S. to L, ending in original position facing ctr.  
13-16 Cpl 2 do N.S. to R and L as in meas 9-12 (Fig II).  
9-12 Cpl 3 do N.S. to R and L as in meas 9-12 (Fig II).  
(repeated)  
13-16 Cpl 4 do N.S. to R and L as in meas 9-12 (Fig II).

### III. COUPLES CROSSOVER

- A 1-2 Cpls 1 and 2 dance twd each other with 1 N.S. starting R ft. (Cpls are momentarily  
in line of four in ctr of set, M on outside, W with L shoulders adjacent.)  
3-4 With 1 N.S. starting L ft cpls 1 and 2 continue fwd to opp place, turning in twd  
ptr on last movement (ct 7) to face ctr again.  
5-8 Cpls 3 and 4 repeat action of meas 1-4 (Fig III).  
1-8 Repeat action of meas 1-8 (Fig III), with cpls ending in original places. (W on out-  
(repeated) side, M with L shoulders adjacent.) Pass opp person by R shoulder throughout  
this figure.

### IV. HANDTOUR RIGHT

- B 9-10 Cpl 1 face ptr, join R and do 1 N.S. starting L into ptr place.  
11-12 Continue CW to original place with 1 N.S. starting R.  
13-16 Cpl 2 repeat action of meas 9-12 (Fig IV).  
9-12 Cpl 3 repeat action of meas 9-12 (Fig IV).  
(repeated)  
13-16 Cpl 4 repeat action of meas 9-12 (Fig IV.)

### V. GRAND SLAM (All 4 cpls working)

- A 1-4 a) Cpls 1 and 2 crossover as described in Fig III, meas 1-4, while cpls 3 and 4  
dance swd to corners and back as described in Fig I, meas 1-4.  
5-8 Repeat action of Fig V, meas 1-4, with cpls 3 and 4 crossing over as cpls 1 and  
2 dance to corners and back.  
1-8 Repeat action of Fig V, meas 1-8, with all cpls returning to original places on  
(repeated) the crossover.
- B 9-12 b) All 4 cpls repeat action of Fig II, meas 9-12 (to R and back.)  
13-16 All 4 cpls repeat action of Fig IV, meas 9-12 (Handtour R).  
9-16 All 4 cpls repeat action of Fig V-b, meas 9-16, (to R and back and Handtour R).  
(repeated)