

Sandansko Horo Bulgaria (SW)

Sandansko Horo (sahn-DAHNSkoh hoh-ROH) was learned in Oct. '69 by Yves Moreau from members of a folk ensemble from the town of Sandanski, Blagoevgrad District, Bulgaria. It was very popular in Liljakovo and Ograzhden, villages of the Pirin. Many of the players were Rom who had adopted some musical ornamentations and styles from nearby Greece. The musical meter is unusual, but interesting, alternating measures of 9/16 and 13/16 to form a single measure of 22/16. The dance was taught in 1972 by Yves at the UC Festival and the UOP (Stockton) Folk Dance Camp and by Dean Linscott at the Mendocino Folklore Camp. A dance description by Miriam Lidster is included in the Federation's *Folk Dances from Near and Far, Vol D2*.

Music: Worldtone 7-in record: WT-YM-004; Audio Cassette: Ad Na Horo: Side B/1
Video: FB-003 V, Bulg. Folk Dances introduced by Yves Moreau; Vol 1, #14
Meter = 22/16 = 2/16+2/16+2/16+3/16+2/16+2/16+2/16+3/16+2/16+2/16,
counted here as 1, 2, 3, 4, 5, 6, 7, 8, 9, 10 or q, q, q, s, q, q, q, s, q, q.

Formation: Mixed open circle facing R of ctr, wt on L ft, hands joined in V-pos.

Steps & Styling: Upper body is erect with knees slightly bent. Steps are small and light, taken on balls of ft. Relaxed arms swing slightly fwd (back) during cts 1, 2 (3, 4) & 5, 6 (7, 8) of meas 1 and cts 3, 4 (5, 6) & 7, 8 (9, 10) of meas 2.

Measure	22/16 meter	PATTERN
---------	-------------	---------

INTRODUCTION (None. Leader starts with beginning of any musical phrase.)

DANCE PATTERN

- | | |
|---|--|
| 1 | Small hop on L, raising R slightly twd LOD (ct 1); step R in LOD (ct 2); small low leap onto L behind R (ct 3); step R in LOD (ct 4); continuing in LOD, rpt cts 1-4 with opp ftwk (cts 5-8); small leap fwd on R (ct 9); step fwd L (ct 10). |
| 2 | Hop on L three times, pointing raised R fwd while facing in turn LOD, ctr and RLOD (cts 1,2,3). Step fwd (RLOD) on R (ct 4); small leap fwd on L (ct 5); step on R (ct 6); rpt cts 5,6 (cts 7,8); turn to face ctr with small hop on R (ct 9); small step back on L, turning to resume initial position (ct 10). |

Sequence: Repeat DANCE PATTERN as written to end of music.

ERRATA: Sârba bătută, published by Bill and Carol Wenzel, March 2009

1. Spellings of Strigături: pg 1 under Styling and with title of FIGURE II.
2. Spellings in FIG. II, column 2: ȘI-SA-DUS (meas 8), DOUĂ (meas 3 & 10), TREI (meas 11), CINCI (meas 13), ȘASE (meas 14) and ȘAPTE (meas 15).

A special thanks to Bob Young for his assistance.