LET'S DANCE DECEMBER 1975

RUSTEMUL

(Romania)

Rustemul (Roo-STEH-mool) is from the region of Muntenia, southern Romania. It was learned by Mihai David during the years 1963-65 while dancing with the Romanian State Folk Dance Ensemble and presented by him at the 1972 Kolo Festival in San Francisco and then again at the 1974 University of the Pacific Folk Dance Camp in Stockton, California.

MUSIC:

Record: Gypsy Camp GC 5201, Side 1, Band 8; The Lark FLDR, Side 1, Band 5; Lark 3708-B.

FORMATION:

Lines of dancers facing ctr of circle, hands in "V" pos.

STEPS AND

B 1-2

Hop*, Step*, Leap*. Ftwork is light and fast. Hands swing bkwd (ct 1) and fwd (ct 4) throughout the dance except during Fig II, meas 3-6.

*Described in Volumes of Folk Dances from Near and Far, published by the Folk Dance Federation of California, Inc., San Francisco, California.

MUSIC 6/8	PATTERN
Measures	Martin Ma
1-4	INTRODUCTION. On ct 6 of meas 4, hop on L raising bent R knee fwd.
	I. IN PLACE
A 1	Step to R on R with bent knee, arms swinging bkwd (cts 1,2). Step on L across in front of R (ct 3). Step on R in place. arms swinging fwd (cts 4,5). Hop on R raising bent L knee fwd (ct 6).
2	Repeat action of meas 1 with opp ftwk.
3	Step to R on R with bent knee, arms swinging bkwd (cts $1,2$). Step on L across in front of R (ct 3). Step on R in place, arms swinging fwd (cts $4,5$). Step on L to 1 (ct 6).
4	Step on R in place, arms swinging bkwd (cts 1,2). Step on L across in front of R (ct 3). Step on R in place, swinging arms fwd (cts 4,5). Hop on R raising bent L knee fwd (ct 6).
5-8	Repeat action of meas 1-4. but reverse ftwk and direction.
	II, DIAG IN AND OUT OF CTR

L knee raised and very bent. Hold arms in low handhold.

Repeat action of Fig I, meas 1-2, but end by leaping onto R on ct 6 of meas 2 with

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3	Step on L across in front of R (cts 1,2). Moving diag R twd ctr, step on R close behind L (ct 3). Step on L fwd (cts 4,5). Hop on L with R knee raised and very bent (ct 6).
4	Step on R across in front of L travelling on L diag two ctr (cts 1,2). Step on L close behind R (ct 3). Step R fwd (cts 4-6).
5	Stamp on L with wt into ctr turning to face LOD (cts 1-3). Step on R travelling sdwd out of ctr (cts $4,5$). Step on L beside R (ct 6).
6	Step on R to R (cts 1,2). Step on L beside R (ct 3). Step on R to R (cts 4,6). Hop on R turning to face ctr, L knee raised and bent (ct 6).
7-8	Repeat action of Fig I, meas 1-2, but reverse ftwk and direction.
9-16	Repeat action of meas 1-8 (Fig II). but reverse ftwk and direction. On last hop on L turn to face LOD.
	III. TRAVEL IN LOD AND RLOD
C 1	Step on R in LOD, arms swinging bkwd (cts 1,2). Hop on R with L knee slightly bent (ct 3). Step on L in LOD, arms swinging fwd (cts 4,5). Hop on L with R knee slightly bent (ct 6).
2	Repeat action of meas 1 (Fig III).
3-4	Facing ctr, repeat action of Fig I, meas 1-2.
5	Step on R behind L (cts 1,2). Hop on R (ct 3). Step on L behind R (cts 4,5). Hop on L, raising bent R knee fwd (ct 6). Arms continue to swing.
6	Repeat action of Fig I, meas 1.
7-12	Repeat action of meas 1-6 (Fig III) but reverse direction and ftwk. Towel in RLOD.
	To finish dance repeat:
A 1-8	Fig I.
B 1-16	Fig II.

A 1-8

C 1-12

Fig I.

Fig III.