

Ruskaya Krugovaya Kadril

(Russia)

Ruskaya Krugovaya Kadril (ROOS-kah-yah kroo-goh-VAH-yah kah-DREEL) is a couple dance from central Russia. The title translates as "Russian Circle Quadrille." It is part of the choreographic work of Olga Zolotova and was introduced to western European countries in 1987 by Hennie Konings. It was presented by him at the 1993 University of the Pacific Folk Dance Camp, Stockton, CA.

CASSETTE: Russian Dances - Hennie Konings, Side B/1 2/4 meter

FORMATION: Ptrs facing with M back to ctr. Inside hands (M R, W L) are joined in V-pos and extended twd RLOD. M L hand is on waist with fingers fwd, thumb back. Back of W R hand is on waist in a loose fist with palm facing out.

STEPS and Heel-step (2 to a meas): Step fwd on heel (ct 1); sharply
STYLING: put wt on full ft (ct &); repeat with opp ftwk (cts 2,&).
When peasants could afford store-bought shoes, they would wear their peasant-made shoes to the dance and change there into their new ones. To call attention to their new shoes, they would dance a step such as this Heel-step.

A "kadril," not necessarily danced by four cpls, is any dance that has fixed patterns with a variety of steps.

Measures 2/4 meter PATTERN

8 meas INTRODUCTION No action.

I. BACK-TO-BACK, FACE-TO-FACE; WOMAN TURNS

Meas 1 and 2 are danced almost in place with very little fwd movement.

1 Turning back-to-back with ptr, M leap onto L (ct 1); stamp R (with wt) slightly fwd in LOD (ct &); step on L near R heel (ct 2). W use opp ftwk. Move free hand in an arc from the waist fwd and then sdwd ending at about chest level with palm up. Swing joined hands twd LOD ending fwd at about shldr level.

2 Turning to face ptr, repeat meas 1 with opp ftwk and retracing hand movements. End with hands in beg pos.

3-4 M: Beg L and moving fwd in LOD, run 4 steps (1 to a ct).
On each running step lift free ft until lower leg is parallel to floor. Looking at ptr, clap hands in front at shldr level on the first 3 "&" cts (no clap on last one).
W: With both fists on waist and moving in LOD, turn once CW with 6 steps: R,L,R (cts 1,&,2); L,R,L (cts 1,&,2).

- 5-16 Repeat meas 1-4 three more times. End meas 16 with cpls facing in LOD, W to R of ptr.

II. HEEL-STEPS IN LOD AND RLOD

Join inside hands (M R, W L), elbows bent and forearms parallel the floor. M place back of L hand at small of own back, palm out. W bend R arm at elbow so the forearm is parallel to floor. Bend R hand upward at the wrist (fingers slightly curled).

- 1-3 Beg M L, W R move fwd in LOD with 6 Heel-steps. Joined inside hands pump down slightly on each ct (returning on the "&" ct). W move R arm sdwd to R with a small scooping motion on each step on the R ft and sdwd twd L when stepping on L ft.
- 4 M: Step fwd on L heel (ct 1); step on R near L heel (ct &); stamp L (with wt) in place (ct 2).
W: Use opp ftwk. Move R arm to R (ct 1); hold (cts &,2).
- 5-6 Beg M R, W L move fwd in LOD with 4 Heel-steps. W move R forearm sideward L on first step.
- 7 Step fwd on M R, W L (ct 1); releasing hands, pivot 1/2 (M CW, W CCW) to face RLOD (ct 2). The half turn is twd ptr. On the turn lift free ft up in back, knee bent.
- 8 Rejoin new inside hands (M L, W R). M place R hand behind back. W bend L arm at elbow and bend L hand upward. Repeat meas 4 moving in RLOD.
- 9-14 Beg M R, W L repeat meas 1-6 with opp ftwk and moving in RLOD. W move L forearm sdwd L on first step.
- 15 Repeat meas 7 with opp ftwk but turn only 1/4 (M CCW, W CW) to end facing ptr.
- 16 Join both hands with ptr and extend them sdwd at chest level. Beg M R, W L stamp 3 times (with wt) in place (cts 1,&,2).

DANCE SEQUENCE: Dance pattern as written until end of music.