

RASKI JAAK

(Estonia)

(Rock-see Yahk)

This dance was first introduced by Alice Zimmerman of the Educational Society of New York at an Estonian workshop at Folk Dance House in 1952. It was taught at the 1956 College of Pacific Folk Dance Camp by Walter Grothe.

MUSIC: Record: Folk Dancer MH 3007 B

FORMATION: Sets of 3 people, 1 M between 2 W, or 1 W between 2 M, or 3 W, or 3 M, all facing ctr. Inside hands are joined, outside hands are free at sides.

STEPS: Walk* Step-close*, Estonian Polka: hop, step, step, step, keeping ft close to floor as in a light running step.

cts ah 1 & 2&

MUSIC 2/4	PATTERN
Measures	
2 Meas	INTRODUCTION
	CHORUS Inside hands are joined shoulder high.
1	All step L to L (ct 1), close R to L without taking wt (ct 2)
2	All step R to R (ct 1), close L to R without taking wt (ct 2)
3 - 4	Repeat action of Chorus, meas. 1 - 2.
5 - 6	All walk 3 steps fwd L, R, L (meas 5, cts 1, 2 and meas 6, ct 1). Swing R fwd (meas 6, ct 2). Leg is held straight.
7 - 8	All walk 4 steps bwd R, L, R, L.
9 - 12	I. ENDS CROSS FRONT AND BACK All dance 4 Estonian polka steps. Ends: Both move diagonally fwd twd ctr to cross in front of middle person, continue around to cross again in back of middle person, and return to original position. Middle person: Remain in place, hold joined hands high, and lead the ends. Crossing in front is R hand high, L hand low. Crossing in back is L hand high, R hand low. Repeat action of meas 9 - 12.
13 - 16	CHORUS Repeat action of Chorus meas 1 - 8.
9 - 12	II. ENDS BACK UP AND TURN Ends move twd ctr to finish side by side facing middle person, forming a triangle. Ends join free hands with each other, arms extended full length. Ends: Dance 4 polka steps bwd twd ctr. Middle person: Dance 4 polka steps fwd twd ctr.
13 - 16	Ends retain joined hands with middle person and release hold with each other. All hold joined hands high. Ends: Dance 4 polka steps turning inward under joined hands, (R end turn CCW, L end turn CW), and moving away from ctr. Middle person: Dance 4 polka steps bwd away from ctr.
1 - 8	CHORUS Repeat action of Chorus meas 1 - 8.

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RASKI JAAK (CONT.)

MUSIC 2/4

PATTERN

Measures

III. TUCK-IN

9 - 12

With inside hands joined, ends make one complete turn inward (R end turn CCW, L end turn CW) twd middle person, and all face ctr. Middle person now has arms around waist of both ends, and joined hands are in front of ends. In "tuck-in" pos, all dance 4 polka steps fwd twd ctr. Ends free hand hangs at side.

13 - 14

All dance 2 polka steps bwd.

15 - 16

Ends: Dance 2 polka steps turning outward (R end turn CW, L end turn CCW), and moving bwd to end in original pos.

Middle person: Dance 2 polka steps moving bwd.

Repeat dance from beginning.

NOTE: Before each Figure begins, move into required pos on last 2 cts of each Chorus.