

Promoroaca (Romania)

Promoroaca (proh-moh-ROH-kah) was presented at the 1981 University of the Pacific Folk Dance Camp by Steve Kotansky.

RECORD: Dances of Romania DR-792 Side B/1. 2/4 meter

FORMATION: Lines. Hands joined in "V" pos.

STEPS and

STYLING: Two-step*. Steps are bouncy. The second figure is described as "heavy, like a bear in the woods."

*Described in Steps and Styling, published by the Folk Dance Federation of California, Inc., 1275 "A" Street, Room 111, Hayward, CA 94541.

MUSIC 2/4

PATTERN

Measures

8 meas INTRODUCTION Fig I may be danced during the Introduction.

I. TWO-STEPS IN LOD

A 1-8 Beg R, dance 8 two-steps in LOD. Lead with the heel. Shldr's sway slightly in direction of the leading heel.

II. DANCE L & R FACING CENTER

B 1 Facing ctr, step to R on R ft (ct 1); step on L ft beside R (ct 2).

2 Repeat meas 1.

3 Step to R on R ft (ct 1); step on L ft beside R (ct &); step to R on R ft (ct 2).

4 Brush L ft fwd (ct 1); bring L ft back to R (ct 2).

5-7 Repeat meas 1-3 with opp ftwk and direction.

8 Stamp R ft (ct 1); repeat stamp (ct 2) (no wt).

9-16 Repeat meas 1-8.

Repeat to end of music. Music ends with Fig I. Stamp L ft on meas 8 (ct 1).

