

## Poydyom miliy (Russia)

Poydyom miliy (pigh-DYOHM MEE-lee), a dance whose title translates as "Come, my darling," is a girls' khorovod (round dance) from central Russia. It is based on traditional patterns found in girls' dances but it is not a traditional dance. The dance was researched by Hennie Konings who then introduced it in the Netherlands in 1995 and taught it at the University of the Pacific Stockton Folk Dance Camp in 1996.

Cassette: Konings - Stockton 1996, Side A/1.

3/4 meter

Formation: Single circle of cpls, W to R of ptr, facing in LOD (CCW) with hands joined in V-pos. Although Poydyom was originally introduced as a dance for two girls, it was taught as a cpl dance (1 M, 1 W). The following description matches that teaching.

Steps and Styling: A walking step is used throughout the dance, 1 step to a ct. When stepping forward, land smoothly on the ball of the ft rather than the heel.  
Footwork is the same for all.

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Measures 3/4 meter

PATTERN

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8 meas INTRODUCTION No action. Begin with vocal.

### I. WALKING IN THE CIRCLE

A 1-4 Beg R, walk 12 steps in LOD.

5-6 Continue walking 6 more steps, slowly raising hand joined with ptr to above head level. Keep other hand down in V-pos.

7 Release hand joined with neighbor.

W: With 3 steps, walk under raised joined hands turning 1/2 CCW to face out of the circle, ending in ptr's place.

M: With 3 steps, walk fwd to end in ptr's place, facing out of circle.

8 Join R hand with new neighbor in V-pos to make one circle facing out; walk fwd 3 steps (L,R,L) away from ctr.

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## II. TOWARD CENTER AND OUT

- All steps are small, continuing on the balls of the ft.
- B 1 Step bkwd on R (ct 1); bending R knee, strike L heel on floor near R toe (ct &); step bkwd on L, R (cts 2,3). At the same time, smoothly raise joined hands, elbows straight, above shldr level.
- 2 Still backing up, repeat meas 1 with opp ftwk, but move arms smoothly into W-pos.
- 3 Repeat meas 1, but raise joined hands above head level.
- 4 Release hands, turn 1/2 CCW in place to face ctr, stepping L,R,L (cts 1,2,3). At the end, rejoin hands (which are still above head level).
- 5-7 Repeat ftwk of meas 1-3. Keeping elbows straight, gradually lower joined hands to V-pos.
- 8 Step L,R,L in place while turning 1/4 CW to reform the circle, facing in LOD. Ptrs have exchanged places.
- 64 meas Repeat dance as written 4 more times. Ptrs exchange places each time.

## III. ENDING

- B 1-4 Beg R, walk 12 steps in LOD.
- 5-6 Turning 1/4 CCW, walk 6 steps twd ctr of circle. On last step, bend L knee slightly and nod twd dancers across the circle.
- 7-8 Beg R, walk bkwd 5 steps; on last ct of meas 8, step on L beside R.
- With hands still joined and facing ctr, bow from the hips (done without music).