PFINGSTFREITAG IN DER PROBSTEI
(Germany)

Pfingstfreitag in der Probstei (FINGST-fry-tag in der PROHB-sty) is a dance from North Germany. The name of the dance is translated "Friday-before-Whitsuntide in the Probstei region." It was introduced by Walter Kögler at the 1967 Folk Dance Camp at the University of the Pacific.

MUSIC:
Record: Tanz SP 23-052, or EP 58-615

FORMATION:
Cpls facing LOD, W to M R, with inside hands joined; back of free hands on hips.

STEPS AND STYLING:
Step-swing: Step fwd on one ft (ct 1), swing other ft across in front (cts 2,3).
Mazurka Step (R) fwd: Small leap fwd onto R ft, leaning slightly fwd (ct 1); rock slightly bkwd onto L ft, straightening body (ct 2); hop on L ft, lifting R with sole parallel to floor (ct 3). This step may also begin with L ft.

Small walking step
Described in volumes of "Folk Dances From Near and Far" published by Folk Dance Federation of California, Inc., San Francisco, California.

MUSIC 3/4

PATTERN

Measures

No introduction

STEP-SWING and MAZURKA

1-2
Beginning ML-WR, dance fwd with 2 step-swings. On meas 1, swing joined hands fwd; on meas 2, swing joined hands bkwd.

3
Swing joined hands fwd and release them to turn outward (ML-WR) about 3/4 around with three walking steps.

4
Face ptr and clap own hands three times (cts 1, 2, 3).

5-6
Take open pos with ML-WR hands joined and beginning ML-WR ft, dance fwd in LOD with two mazurka steps.

7-8
In same pos, cpl turn once CCW with six small walking steps. Finish in original starting pos to repeat the dance.

NOTE: For variation, some dancers alternate the above 8-meas dance pattern with 8 meas of waltz, progressing CCW.

DECORATION IDEAS FOR YOUR DANCE

(continued)