

Palóc Csárdás

(Hungary)

Couple dance from North Central Hungary. The dance was presented by Andor Czompo at the 1978 University of the Pacific Folk Dance Camp.


Pronunciation: PAW-lohts CSAR-dahsh

Source: Timár, Martin, Lányi, Czompo.

Formation: Cpls in shldr-shldr blade pos at random.

Music: Record Qualiton LPX 18007, "Palóc Csárdás," B-9. Slow 4/4, fast 2/4 meter.

Steps, Motifs, and Sequences:

cts 1. DOUBLE CSÁRDÁS (local variation) 

1 Step with L ft to L sdwd.

2 Step (close) with R ft in place.

3 Step with L ft to L sdwd.

4 Close R ft to L ft, no wt.


5 Step with R ft to R sdwd.

6 Step (close) with L ft in place.

7 Step with R ft to R sdwd.

8 Bounce on the R ft.

Note: This motif is slightly bouncy (downbeat).


2. PREPARATION FOR TURNING 

1 Step with L ft to L diag fwd direction.

2 Step with R ft in front of L (3rd pos), and start to turn to the R (CW).

3 Step with L ft to L diag fwd (R ft remains in its previous place with some wt on it).

4 On the balls of both ft, turn about 1/3 to the R (CW, downbeat).

3. RIDA (closed) 

1 Step with R ft in front of the L ft with a slight knee bend.

2 Step with L ft to L diag fwd.

4. BUKÓS (single) 

1-2 Step with R ft to R (sdwd).

3-4 Close L ft to R without taking wt.

5 Step with L ft to L sdwd.

6 Step with R ft in place (beside L ft).

7 Step with L ft into a small second pos (ft apart), and at the same time, bend both knees.

8 Pause.

9-12 Repeat cts 5-8 (Step 4) with opp ftwk and direction.


13 Step with L ft to L sdwd.

14 Step with R ft in place (beside L ft).

15 Step with L ft to the L sdwd, turning slightly to the L.

16 Pause.

Note: cts 1-4 (Step 4) can be replaced with cts 5-8 (Step 4) with opp ftwk and direction.

5. BUKÓS (turning) 


1 Step with R ft fwd.

2 Step with L ft beside R ft.

3 Step with R ft fwd, at the same time bend both knees.

4 Pause.

Repeat with opp ftwk, but the same direction.

6. BUKÓS (double) 

1 Step with L ft into a small 2nd pos with knee bend.

2 Straighten the knees.

3 Bend the knees.

4 Pause.

MUSIC 4/4, 2/4

PATTERN

Measures

INTRODUCTION: 2 meas.

SLOW CSÁRDÁS

Ptrs face each other in shldr-shldr blade pos.

1-4 #1 Double Csárdás two times (identical ftwk).

5 #2 Preparation for turning.

6-8 #3 Rida (cpls turn to R (CW) around each other) six times. On the last ct, close L ft to the R with a heel-click. Repeat action of meas 1-8 five more times, to the end of the slow music.

FAST CSÁRDÁS

1-8 #4 Bukós (single).

9-14 #5 Bukós (turning) three times. Cpls turn around each other to the R (CW).

15-16 Cpls face each other and do #6 Bukós (double).

17-21 #3 Rida five times, cpls turn around each other to the R (CW).

22 Step with R ft in front of the L ft and pause.

23-24 #6 Bukós (double).

Repeat meas 1-24 (Fast Csárdás) three more times to the end of the music.