Palóc Csárdás
(Hungary)

Couple dance from North Central Hungary. The dance was presented by Andor Czompo at the 1978 University of the Pacific Folk Dance Camp.

Pronunciation: PAW-lohts CSAR-dahsh

Source: Timár, Martin, Lányi, Czompo.

Formation: Cpls in shldr-shldr blade pos at random.


Steps, Motifs, and Sequences:

1. DOUBLE CSÁRDÁS (local variation)   \( \overset{\uparrow}{\downarrow} \) \( \overset{\uparrow}{\downarrow} \) \( \overset{\uparrow}{\downarrow} \) \( \overset{\uparrow}{\downarrow} \) \( \overset{\uparrow}{\downarrow} \) \( \overset{\uparrow}{\downarrow} \) \( \overset{\uparrow}{\downarrow} \)

   1. Step with L ft to L sdwd.
   2. Step (close) with R ft in place.
   3. Step with L ft to L sdwd.
   4. Close R ft to L ft, no wt.
   5. Step with R ft to R sdwd.
   6. Step (close) with L ft in place.
   7. Step with R ft to R sdwd.
   8. Bounce on the R ft.

   Note: This motif is slightly bouncy (downbeat).

2. PREPARATION FOR TURNING   \( \overset{\uparrow}{\downarrow} \) \( \overset{\uparrow}{\downarrow} \) \( \overset{\uparrow}{\downarrow} \) \( \overset{\uparrow}{\downarrow} \)

   1. Step with L ft to L diag fwd direction.
   2. Step with R ft in front of L (3rd pos), and start to turn to the R (CW).
   3. Step with L ft to L diag fwd (R ft remains in its previous place with some wt on it).
   4. On the balls of both ft, turn about 1/3 to the R (CW, downbeat).

3. RIDA (closed) \( \overset{\uparrow}{\downarrow} \)

   1. Step with R ft in front of the L ft with a slight knee bend.
   2. Step with L ft to L diag fwd.

4. BUKÓS (single) \( \overset{\uparrow}{\downarrow} \) \( \overset{\uparrow}{\downarrow} \) \( \overset{\uparrow}{\downarrow} \) \( \overset{\uparrow}{\downarrow} \) \( \overset{\uparrow}{\downarrow} \) \( \overset{\uparrow}{\downarrow} \) \( \overset{\uparrow}{\downarrow} \) \( \overset{\uparrow}{\downarrow} \) \( \overset{\uparrow}{\downarrow} \) \( \overset{\uparrow}{\downarrow} \)

   1-2. Step with R ft to R (sdwd).
   3-4. Close L ft to R without taking wt.
   5. Step with L ft to L sdwd.
   6. Step with R ft in place (beside L ft).
   7. Step with L ft into a small second pos (ft apart), and at the same time, bend both knees.
   8. Pause.
   9-12. Repeat cts 5-8 (Step 4) with opp ftwk and direction.
   13. Step with L ft to L sdwd.
   14. Step with R ft in place (beside L ft).
   15. Step with L ft to the L sdwd, turning slightly to the L.

   Note: cts 1-4 (Step 4) can be replaced with cts 5-8 (Step 4) with opp ftwk and direction.

5. BUKÓS (turning) \( \overset{\uparrow}{\downarrow} \) \( \overset{\uparrow}{\downarrow} \) \( \overset{\uparrow}{\downarrow} \) \( \overset{\uparrow}{\downarrow} \)

   1. Step with R ft fwd.
   2. Step with L ft beside R ft.
   3. Step with R ft fwd, at the same time bend both knees.
   4. Pause.

   Repeat with opp ftwk, but the same direction.

6. BUKÓS (double) \( \overset{\uparrow}{\downarrow} \) \( \overset{\uparrow}{\downarrow} \) \( \overset{\uparrow}{\downarrow} \) \( \overset{\uparrow}{\downarrow} \)

   1. Step with L ft into a small 2nd pos with knee bend.
   2. Straighten the knees.
   3. Bend the knees.
   4. Pause.
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MUSIC 4/4, 2/4

PATTERN

Measures

INTRODUCTION: 2 meas.

SLOW CSÁRDÁS

Ptrs face each other in shld-shldr blade pos.

1-4 #1 Double Csárdás two times (identical ftkk).

5 #2 Preparation for turning.

6-8 #3 Rida (cplts turn to R (CW) around each other) six times. On the last ct, close L ft to the R with a heel-click. Repeat action of meas 1-8 five more times, to the end of the slow music.

FAST CSÁRDÁS

1-8 #4 Bukós (single).

9-14 #5 Bukós (turning) three times. Cplts turn around each other to the R (CW).

15-16 Cplts face each other and do #6 Bukós (double).

17-21 #3 Rida five times, cplts turn around each other to the R (CW).

22 Step with R ft in front of the L ft and pause.

23-24 #6 Bukós (double).

Repeat meas 1-24 (Fast Csárdás) three more times to the end of the music.

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