

PALAMAKIA

(Greece)

Palamakia (Pah-lah-MAH-kyah) is a dance from Epirus in Northern Greece, and the name means "Hand clapping." It was introduced by Dennis Boxell at the 1967 University of the Pacific Folk Dance Camp at Stockton.

MUSIC: Record: Colonial LP 245 Side B, Band 2

FORMATION: Single circle of dancers facing ctr with hands joined at shoulder height.

STEPS AND STYLING: Walk, light and springy.

STYLING: The steps of each meas are slow, quick, quick.

MUSIC 4/4

PATTERN

Measures 3 quick notes

I. SYRTOS

- A 1 Facing ctr, step sdwd R to R (cts 1,2), step L across in back of R (ct 3); turning to face slightly R, step fwd R (ct 4). (The result is S, Q, Q.)
- 2 Moving CCW, step fwd L (cts 1,2), step fwd R (ct 3), step fwd L (ct 4).
- 3 Continuing CCW, step fwd R (cts 1,2), step and rock fwd L (ct 3), step and rock bkwd R (ct 4).
- 4 Step bkwd L (cts 1,2), step and rock bkwd R (ct 3), step and rock fwd L (ct 4).
- 5-16 Repeat action of meas 1-4 three more times (four in all).

II. STAMP AND CLAP

- B 17 Facing ctr, walk fwd R (cts 1,2), and L (cts 3,4).
- 18 Stamp in place R, L, R (cts 1, 2, 3), hold (ct 4).
- 19 Walk bkwd L (cts 1,2), and R (cts 3,4).
- 20 Close L to R, release hand hold and clap three times (cts 1,2,3), hold (ct 4).
Rejoin hand hold.
- A 1-8 Repeat action of Fig. I, meas 1-4, two times.
- B 17-20 Repeat action of Fig. II, meas 17-20.
- A 1-8 Repeat action of Fig. I, meas 1-4, two times.
- B 17-20 Repeat action of Fig. II, meas 17-20.
- A 1-8 Repeat action of Fig. I, meas 1-4, two times.

KOFTOS follows and continues to end of record.