Oj Dimitro Le
(Bulgaria, Northwest)

Oj Dimitro Le (oy dee-MEE-troh leh) means Oh, Dimitra (a woman’s name). This northwest Bulgarian dance is done to brass band music, and has a playful Serbian feel. Yves Moreau learned this dance from Belčo Stanév and presented it at the 2013 Stockton Folk Dance Camp.

Music: Yves Moreau Stockton FDC 2013, Track 2
Video: 2013 Stockton Folk Dance Camp DVD. Camp videos can be viewed in the library at the University of the Pacific or by contacting a Camp participant who purchased it.
Formation: Mixed lines. Hands joined in V-pos.
Steps and Styling: Light, happy.

<table>
<thead>
<tr>
<th>Measures</th>
<th>Pattern</th>
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<tbody>
<tr>
<td>1-16</td>
<td>INTRODUCTION. No action. Begin dance after the pause, 2 meas before the lyrics.</td>
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1. **BASIC TRAVEL STEP** (Lyrics)

1. Facing ctr, step R to R, tilting upper body slightly R (ct 1); step L next to R, straightening upper body (ct 2).
2. Repeat meas 1.
3. Facing CCW, step fwd R (ct 1); light hop on R (ct 2).
4. Step L fwd (ct 1); light hop on L (ct 2).
5. Facing ctr, step sdwd R to R (ct 1); step L behind R (ct 2).
6. Step R in place (ct 1); light hop on R (ct 2).
7. Step L in place (ct 1); light hop on L (ct 2).
8. Repeat meas 5.
9. Step R in place (ct 1); step L in front of R (ct 2).
10. Step R in place (ct 1); step L next to R (ct 2).
11. Step R in front of L (ct 1); step L in place (ct 2).
12-38 Repeat meas 3-11, three more times.
II. **FORWARD & BACK WITH STAMPS & LEG EXTENSIONS** (Instrumental)

1. Facing ctr, step R fwd (ct 1); light hop on R (ct 2).
2. Step L fwd (ct 1); light hop on L (ct 2).
3-4. Four light running steps fwd R, L, R, L (cts 1, 2, 1, 2)
5. Step R fwd, swinging arms fwd with straight elbows (ct 1); light lift on R (ct 2).
6. Step L bkwrd, swinging arms bkwrd with straight elbows (ct 1); light lift on L (ct 2).
7. Stamp R next to L twice without wt (cts 1-2).
8. Stamp R next to L a third time without wt (ct 1); pause (ct 2). **Note:** On the three stamps of meas 7-8, dancers shout “Heeh-Hah-Hah!”
9-10. Move bkwrd 4 steps, away from ctr, R, L, R, L (cts 1, 2, 1, 2).
11. Step R in place (ct 1); light hop R (ct 2).
12. Step L in place (ct 1); light hop L (ct 2).
13. Small but heavy step R, simultaneously extending L leg fwd, slightly off ground, and extending arms fwd, straight elbows (ct 1); pause (ct 2).
14. Retract L ft sharply next to R, taking wt, and simultaneously extending R leg bkwrd and slightly off the ground and extending arms bkwrd (ct 1); pause (ct 2).
15. Brush R heel fwd, extending R leg fwd and up, bending knee and extending arms fwd (ct 1); begin to retract R leg bkwrd in a “back bicycle” fashion (ct 2).
16. Sharp low stamp with R next to L without wt, arms returning to V-pos (ct 1); pause (ct 2).

**ENDING** (Comes at the end of Figure I, after three and a half times through the dance.)

39. Stamp R next to L without wt (ct 1); pause (ct 2).
40. Repeat meas 12.

**Sequence:** Fig I, Fig II, Fig I, Fig II, Fig I, Fig I, Fig II, Fig I, Ending

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**Oj Dimitro Le Lyrics**

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// Oj Dimitro le, ruso koso momiče,
Ja idi kaži na majka si, Dimitro //
// Aj da ne ražda druga moma kato teb,
Aj da ne bori drug siromak kato men //
// Oj Dimitro le, ruso koso momiče,
Az šte te čekam dovečera, Dimitro //
// Sás zlaten prästen i kolanče, Dimitro
na stara majka mila snaha da stane //
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Oh Dimitra, young blond maiden
Go and tell your mother, Dimitra
Not to give birth to another girl like you
and fight a poor guy like me
Oh Dimitra, young blond maiden
I will wait for you tonight
With a golden ring and belt, Dimitra
you’ll be my old mom’s daughter-in-law

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