

Nigunim (Israel)

Nigunim (nee-goo-NEEM) is a couple dance of recent origin. The title means "melodies". It was choreographed by Bentsi Tiram. The dance was presented at the 1980 University of the Pacific Folk Dance Camp by Ya'akov Eden.

RECORD: Dances by Yo'av Ashri'el, Side B/B6. 3/4 meter.

FORMATION: Cpls in Promenade* pos, facing LOD. Joined hands are held as low as possible.

STEPS and
STYLING: Waltz*

Steps are described for the M; W uses opp ftwk and direction.

*Described in Steps and Styling, published by the Folk Dance Federation of California, Inc., 1275 "A" Street, Room 111, Hayward, California 94541.

MUSIC 3/4

PATTERN

Measures

1-8 INTRODUCTION No action.

I. WALTZ LOD AND TURN

A 1 Beg L, waltz fwd.

2 Continue LOD with 1 waltz step but turn CW to face RLOD.

3-4 Beg L, waltz 2 steps bkwd.

5 Beg L, waltz 1 step fwd and raise joined hands to shldr level.

6 Beg R, waltz 1 step bkwd and lower joined hands.

7-8 Beg R and release L hands, W turn CW 1 1/2 turns under joined R hands with 2 waltz steps. M turn 1/2 CCW with 2 waltz steps. End facing LOD in Promenade pos hands held down.

A 1-8 Repeat Fig I.

II. WALTZ TO SIDE AND CROSS

B 1 Release hands, step on L ft to L twd ctr of room (cts 1,2); close R ft to L (ct 3).

2 Step on L ft to L (ct 1); step on R ft across L ft (ct 2); step on L ft in place (ct 3).

3-4 Beg R, with 2 waltz steps turn 1 full turn CW to exchange places with ptr. M moves behind W.

5-8 Repeat meas 1-4 with opp ftwk and direction.

NOTE: In Fig II the arms swing in a natural fashion as the body moves.

III. FORWARD AND BACK, WRAP AND TURN

- C 1-2 Ptrs face, M back to ctr, hands joined at shldr level, beg L, waltz fwd twd ptr and away.
- 3 Beg L, waltz twd ptr and W turn 1 full turn CCW under M L arm to end in wrap pos, both facing out.
- 4 Beg R, cpl turn 1/2 CCW in wrap pos with 1 waltz step.
- 5-6 Beg L, waltz fwd (joined hands swing up) and back (joined hands are lowered).
- 7 Beg L, waltz in place while W turns CW under M L arm to end ptrs facing, W back to ctr.
- 8 Beg R, waltz away from ptr.
- C 1-8 Repeat Fig III.

Repeat dance from beg.

