

Na Yegorya

(Russia)

Na Yegorya (Nah yeh-GOH-ree-yah) is a progressive couple dance, and is an example of the Russian School of folk dance. It was choreographed by Hennie Konings based on traditional dances of the Vladimir region. The music for the dance is an old dance tune of the shepherds from that region. Hennie first introduced the dance in Germany at the Russian Summer Dance Camp in 1998. Yegori is a boy's name and the title could be translated as "at Yegori's" [birthday or saint's day]. Hennie taught this dance at the 2006 Stockton Folk Dance Camp.

CD: Russian Dances Selected by Hennie Konings, Band 5 2/4 meter

Formation: Couples (M on L) in closed circle, hands joined in V-pos.

Steps: Drobnyj khod: Step fwd on R (ct 1); scuff L heel next to R, no wt (ct &); step fwd on L (ct 2); scuff R heel next to L, no wt (ct &).

Measure	2/4 meter	PATTERN
8 meas	<u>INTRODUCTION</u> No action.	
	I. <u>TWO-STEPS AND SCUFFS</u>	
1-8	Dance 8 two-steps fwd in LOD, beg R.	
9-12	Continue in LOD with 4 <u>Drobnyj khod</u> steps, beginning with R ft.	
	II. <u>TO CENTER AND BACK</u>	
1-2	Facing ctr, walk 3 steps fwd R,L,R (cts 1,2,1); stamp L next to R, no wt (ct 2).	
3-4	Repeat meas 1-2 with opp ftwk and direction (bkwd).	
	III. <u>MEN TO CENTER, WOMEN STAMP</u>	
1-2	<u>M</u> : Walk 3 steps (R,L,R) twd ctr and in front of ptr (cts 1,2,1); turn abruptly to L (CCW) on L ft (meas 2, ct 2) to face ptr with slight bow (nod) on ct &. <u>W</u> : In place, lift up slightly on L toe, come down on to whole L ft while stamping with R (ct 1), hold (ct 2); repeat for meas 2.	
3-4	<u>M</u> : Back away from ptr with 3 steps (R,L,R); step on L with emphasis and nod to ptr on meas 4, ct 2. <u>W</u> : Repeat meas 1-2.	
	IV. <u>DO-SI-DO'S</u>	
1-4	Do-si-do with ptr in 8 steps: walk fwd (starting with R ft) passing R shldr, and then walk bkwd passing L shldr. Arms are held gracefully fwd and move slowly to L on meas 1-2, and to R on meas 3-4.	

5-8 Repeat meas 1-2 with new ptr who is person standing L of orig ptr (meas 5-6). With 4 more steps (meas 7-8), M start to back around new ptr, but then turn one half L (CCW) to end facing ctr and to L side of new ptr. W repeat meas 3-4.

V. TO CENTER AND BACK

1-4 Repeat Fig. II.

Repeat dance 3 more times with new ptrs. Then on fifth time through, dance ends after Fig. II.