

Minet

(Czech Republic)

Minet (MEE-neht), or “Minuet,” is from south Bohemia. This wedding mixer was presented by Jitka Bonušová at the 2016 Stockton Folk Dance Camp at University of the Pacific. In 2001, a more complicated non-mixer called Český Minet was presented by Radek Rejšek and Eva Rejšková at Stockton using different music but with some similarities in movement.

Music: 3/4 meter *Czech Folk Dances*, Track 1

Video: *2016 Stockton Folk Dance Camp DVD*, under the dance entitled “Nemelem.” (Jitka’s dance Nemelem, which is a polka, is entitled “Minet” on the DVD.)

Formation: Couples in a circle facing ctr, W on R of M, hands joined in V-pos.

Steps & Styling: Basic Step: Step R fwd (ct 1); step L next to R and rise onto toes of both feet (ct 2); lower heels and take wt onto R (ct 3). If repeated, the next Basic Step will be with opp ftwk. This step can also move bkwd, R or L. M and W use the same ftwk. When a hand is free, M have free hand on waist; W hold skirt.

| Meas | 3/4 meter | Pattern |
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| 4 | | <u>INTRODUCTION</u> . No action. |
| | I. | <u>FORWARD AND BACK; W MOVE TO OTHER SIDE OF M.</u> |
| 1 | | 1 Basic Step beg R fwd (cts 1-3). 1 Basic Step beg L bkwd (cts 1-3). |
| 3-4 | | M dance 1 Basic Step in place while using R hand to guide W on R in front, briefly joining both hands once facing each other (cts 1-3); M dance 1 Basic Step in place, releasing W’s L hand, while W make a half-turn CCW with 1 Basic Step bkwd to stand on M’s L (cts 4-6). |
| 5-7 | | Repeat meas 1-3 but reversing meas 3 so M guide W on L in front to face each other. |
| 8 | | Take three small steps (L-R-L) in place and join R hands. |
| | II. | <u>ROTATE; STEP SIDEWAYS; W MOVE TO OTHER SIDE OF M.</u> |
| 1-4 | | 4 Basic Steps to rotate once CW around joined R hands. W are on an inside circle facing M on an outside circle. |
| 5 | | Join L hands across (or palm to palm) and dance 1 Basic Step to R. |
| 6 | | Join R hands across (or palm to palm) and dance 1 Basic Step to L. |
| 7-8 | | Dropping hands, M dance 1 Basic Step fwd and 1 Basic Step bkwd while W dance 1 Basic Step while making a half-turn CW and slightly fwd to face ctr and 1 Basic Step bkwd to stand on M’s L. |
| | | <u>ENDING (Faster tempo)</u> |
| 1-16 | | M changing wt so L ft is free, take ballroom pos with W on R and waltz anywhere in the room. The first waltz step is a small leap; the second and third steps are smooth. On meas 16, M turn W out under L hand; M bow and W curtsey. |

Sequence: Fig I-II four times; Ending.