

# MI PECOSITA

(Mexican)

Typical Mexican Polka danced throughout northern Mexico and especially in the states of Chihuahua, Sonora and Durango. Learned by Albert S. Pill from Jacinto Angel Guzman, teacher of regional dances in Durango, Mexico. Presented at Folk Dance Camp, College of the Pacific, 1957.

MUSIC: Record: ASP 102 "Mi Pecosita"  
 FORMATION: Cpls in closed position, M facing LOD.  
 STEPS: Basic step is the "Mexican Polka"; step fwd on L (ct 1); step R beside L (ct &); step L beside R (ct 2). Repeat, beginning R. Keep bodies very relaxed. There should be a great deal of up and down movement resulting from action in the knees. Slide, or "Chasse"\*; Hop\*  
 \*Described in "Folk Dances From Near and Far", Vol. I to VIII.

MUSIC 2/4	PATTERN
7 meas	INTRODUCTION
A 1-8	I. MEXICAN POLKA Beginning ML - WR, move in LOD with 8 Mexican polka steps.
9-16	Easily swaying bodies in direction of each polka step, dance 8 more Mexican polka steps turning CW while progressing CCW (LOD).
1-16 (repeated)	Repeat action of meas 1-16, ending M back to ctr.
B 17	II. HEEL-TOE AND CHASSE Described for M, W opp. Closed pos. Hop on R, extending L heel on floor to L (ct 1). Again hop R, extending L toe to L, heel up and pointing to L (ct 2).
18	Repeat action of meas 17.
19-20	Dance 4 chasse steps LOD, retaining wt on L during 4th chasse.
21-22	Reverse footwork of meas 17-18.
23-24	Dance 4 chasse steps RLOD, retaining wt on R during 4th chasse.
25-32	Repeat action of meas 17-24.
17-32 (repeated)	Repeat action of meas 17-32. End with M facing LOD.
A 1-4	III. WOMAN TURN Beginning ML-WR, in closed pos, dance 4 Mexican polka steps LOD without turning. Release MR-WL hands.
5-8	With 4 Mexican polka steps, M dance in place while W turn CW under joined (ML - WR) hands.
9-12	In closed pos, dance 4 Mexican polka steps, turning once CW while progressing LOD. Allow bodies to sway in direction of each polka step.
13-16	Repeat action of Fig III, meas 5-8.
1-16 (repeated)	Repeat action of Fig III, meas 1-16. End both facing LOD, W to R of M, joined R hands at W R waist and joined L extended in front of M chest.
B 17	IV. TOUCH-HOP AND CHASSE Same footwork for M and W. Touch L toe fwd (ct 1); hop on R while lifting L, knee bent (ct 2).
18	Repeat action of Fig IV, meas 17.
19-20	Dance 4 chasse steps diag fwd and twd L, retaining wt on L during last chasse. During these steps, M move behind W to end at her R, R hands extended to R in front of M chest and L joined at W L waist.
21-22	Reverse footwork of Fig IV, meas 17-18.
23-24	Dance 4 chasse steps diag fwd and twd R, retaining wt on R during last chasse. M move behind W to end at her L.
25-32	Repeat action of Fig IV, meas 17-24
17-32 (repeated)	Repeat action of Fig IV, meas 17-32
	V. AROUND EACH OTHER Face ptr, M back to ctr. M clasp hands behind back, W hold skirts. Footwork

- same for M and W.
- A 1 Dance a low leap diag fwd to L on L (ct 1); step R beside L (ct &); step L beside R (ct 2). This is a slight variation of the Mexican polka.
- 2 Dance a shorter leap diag to R on R (ct 1); step L beside R (ct &); step R beside L (ct 2).
- 3-4 Repeat action of Fig V, meas 1-2. End M facing RLOD, W LOD.
- 5-6 Dance one Mexican polka step fwd on L twd ptr and one Mexican polka bwd on R away from ptr.
- 7-8 Repeat action of Fig V, meas 5-6.
- 9-16 Repeat action of Fig V meas 1-8 again, progressing 1/4 CW. (M is now facing ctr, W back to ctr.)
- 1-16 Repeat action of Fig V, meas 1-16, moving 1/4 way CW on each 8 meas. End (repeated) M back to ctr, facing ptr. Assume closed pos.

#### VI. *HEEL-TOE, CHASSE AND POLKA*

- B 17 Described for M, W opp. In closed pos, dance 1 heel-toe step as in Fig II, meas 17.
- 18 Hop on R, extending L heel to L side (ct 1); chug sdwd to R lifting L ft twd R shin (ct 2).
- 19-20 Dance 4 chasse steps LOD, retaining wt on L during last chasse.
- 21-22 Reverse footwork of Fig VI, meas 17-18
- 23-24 Dance 4 chasse steps RLOD, retaining wt on R during last chasse.
- 25-32 Repeat action of Fig VI, meas 17-24.
- B 17-20 Retain closed pos. Beginning M L, move fwd (W bwd) in LOD with 4 Mexican (repeated) polka steps.
- 21-34 Dance 4 Mexican polka steps, turning CW while progressing LOD (CCW).
- 25-28 Repeat action of Fig VI, meas 17-20 repeated (4 polka steps LOD).
- 29-31 Release M R, WL. Dance 3 Mexican polka steps, M in place, W turning CW under raised joined hands (ML - WR).
- 32 M bow; W curtsy.