

# MAZURKA GOLESZOWSKA

(Poland)

Mazurka Golezowska (mah-ZOOR-kah goh-leh-SHAWF-skah), a couple dance in 3/4 meter from Golezów in Śląsk (Silesia), the southwestern area of Poland, was presented at the 1976 University of the Pacific Folk Dance Camp by Ada and Jaś Dziewanowski. They learned it in Cieszyn, Poland, from Janina Marcinkowa, a noted Silesian folklorist. It was first introduced by them in the Fall of 1975 at a workshop with Barnard Folk Dance Club in New York City and with Marianne and Conny Taylor's group in Cambridge, Mass.

MUSIC: Tańce Śląskie 7167 and 713, "Polish Folk Dances From Silesia". S-A, B-1.

FORMATION: Cpls in a circle in open ballroom pos, facing LOD. M L and W R hands joined and extended in LOD about shldr level.

STEPS: Fwd Mazurka Step (1 meas). In this dance this step always begins with the outside ft. Bending very slightly fwd from waist, step fwd on outside ft with a slight accent (ct 1); straighten body and step fwd on inside ft (ct 2); hop on inside ft, lifting bent outside knee fwd, ft relaxed (ct 3). Step on ct 2 is fwd of, not next to, outside ft; and free ft is not cut back twd supporting ft on ct 3. Step repeats exactly. Bkwd Mazurka Step (1 meas). In this dance this step always begins with the inside ft. Step bkwd on inside ft (ct 1); step on M L, W R ft near inside ft (ct 2); bend slightly fwd from waist and hop on M L, W R moving slightly bkwd; lift inside leg bkwd from hip with a reaching motion, knee straight (ct 3). Each Fig begins with a Fwd Mazurka Step.

STYLE: The dance moves swiftly and lightly, skimming over the floor.

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MUSIC 3/4

PATTERN

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Measures

- 1-4 INTRODUCTION - no action.
- I. FWD AND IN; BKWD AND TURN TO LOD
- 1 Move in LOD with one Fwd Mazurka Step.
- 2 Turn 1/4 CCW and with 3 light, smooth step move twd ctr of circle. Beg M L, W R.
- 3 Move away from ctr of circle with one Bkwd Mazurka Step.
- 4 With 3 light, smooth steps turn 1/4 CW in place to face in LOD.
- 5-16 Repeat action of meas 1-4, three more times (4 in all).
- II. FWD AND SOLO TURN; FWD AND CIRCLE PTR
- 1-2 Move in LOD with 2 Fwd Mazurka Steps.
- 3-4 Release ptr, put hands on own waist, fingers fwd, thumbs back, and with 6 light, smooth steps turn in place one or two times, M CW, W CCW. Beg M L, W R.
- 5-8 Resume open ballroom pos and repeat action of meas 1-4, Fig II.
- 9-10 Repeat action of meas 1-2, Fig II.
- 11-12 Release hold of inside hands and keep them down at sides; raise joined hands (M L, W R) above heads, and with 6 light, smooth steps ptrs move around each other CCW, always facing LOD. M beg by moving behind W, W by moving in front of M.
- 13-16 Resume open ballroom pos and repeat action of meas 9-12, Fig II.

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III. FWD, BKWD, ELBOW HOOK

- 1 Resume open ballroom pos, move in LOD with one Fwd Mazurka Step.
  - 2 Continue in LOD with 3 light, smooth steps. Check fwd motion of body by bending supporting knee slightly on 3rd step to prepare for meas 3.
  - 3 Move in RLOD with one Bkwd Mazurka Step.
  - 4 Release ptr and make one full turn in place, M CW stepping R, L, R; W CCW stepping L, R, hold (to free L ft).
  - 5-6 Hook R elbow with ptr, raise straight L arm diag fwd and up, palm faced in, torso erect, make one full CW turn with 2 Fwd Mazurka Steps, both beg L ft.
  - 7-8 Bend fwd from waist with straight L arm diag bkwd, palm twd floor, continue turning another full CW turn with 6 light, smooth steps. W take only 5 steps tp free R ft.
  - 9-16 Repeat action of meas 1-8, Fig III.
- Repeat dance from the beginning.