FOLK DANCE FEDERATION OF CALIFORNIA DANCE RESEARCH COMMITTEE: Ruth Ruling, Virginia Wilder.

Mazurka-Valse :::

(France)

Both the Mazurka and the Mazurka-Valse (mah-zyoor-KAH VAHLS) are popular in the "bal folk" repertoire of France. Marilyn Wathen learned Mazurka-Valse in France in 1981 and presented it at the 1987 University of the Pacific Folk Dance Camp.

CASSETTE:

On Y Va Side A/2 "Mazurka"

(May be slowed a little)

3/4 meter

FORMATION:

Cpls in closed ballroom pos at random about the room. Stand close to ptr.

STEPS and STYLING: Mazurka: Small step sdwd L on L (ct 1); step on R near L (ct 2); lift L slightly off the floor and bring it twd R ankle (ct 3). Step repeats exactly. May also be danced beg

with a step sdwd R on R.

Waltz: Waltz steps are small, smooth and flat with continual turning (3 steps to a meas).

MUSIC 3/4

PATTERN

Measures

15

Cts 3,& INTRODUCTION No action.

MAZURKA

A 1-2 Beg ML, WR dance 2 Mazurka steps.

- M: Make ½ turn CCW almost in place: step slightly bkwd on L (ct 1); step on R beside L (ct 2); step on L in place or slightly fwd (ct 3).
 W: Step R,L,R (cts 1,2,3) making a CCW arc while turning with ptr.
 End with M back to orig direction, cpls still in closed pos and looking over MR, WL shldr.
- 4 Beg MR, WL dance 1 Mazurka step.
- 5-8 Repeat meas 1-4 with opp ftwk and direction.

II. VALSE

B 1-8 Beg ML, WR dance 8 Waltz steps in closed ballroom pos, turning CW and moving in a CCW direction (ballroom flow).

NOTE: On the recording "Mazurka" from the cassette tape On Y Va, the music changes as to how many times you dance Fig I and Fig II. At the beginning, Fig I is played once (8 meas) and the same for Fig II. Later on, Fig I is played twice (16 meas) and the same for Fig II. Dancers should listen for the change when it occurs and repeat each pattern.

DANCE SEQUENCE: Dance the pattern as written until music ends.

C Folk Dance Federation of California, Inc. August 1987