

## Mazur Royale

(Poland)

Mazur Royale (MAH-zoor roy-AHL) was choreographed by Richard Schmidt and taught at the 2005 Stockton Folk Dance Camp. The mazur is one of Poland's five national dance forms, and was known throughout the country since 1596 when Warsaw became the capital of the country. This form of dance originated in the Mazowsze region of central Poland. By the early 19th century it had become popular all over Europe. The music is in  $\frac{3}{4}$  time and gained world recognition with the compositions of Chopin and Moniusko. This choreography is done to the music from the ballet "Coppélia" composed by Léo Delibes (1836-1893).

CD: Folk Dances from Poland, vol. 2, Band 5. 3/4 meter

Formation: Couples in a circle with partners facing LOD, inside hands joined and down.

Steps: Mazur basic (Pas Marché, Bieg Mazurowy [bee-EHG mah-zoor-RAH-vee]): Small leap fwd onto L ft (extend L ft fwd and then pull it back slightly) (ct 1); make long step fwd on R ft (ct 2); make medium step fwd on L ft ending with slightly bent knee (ct 3). Repeat with opp ftwk. Step can begin with either foot.

Promenade pos: Cpl moves fwd with Mazur basic steps. Inside hands are joined and held fwd at slightly below shoulder height with elbow bent slightly. M's free hand is extended out to the side with arm parallel to the floor; W place free hand on skirt or extend to side. Promenade may be done with either M or W on the L.

Hop-slide-hop (Pas Chassé, Posuwisty [poh-soo-VIS-tee]): Make a small hop on R ft (begin hop on ct ah and land on ct 1); slide L ft fwd with toes pointed down and knees slightly bent while extending R leg straight out behind (ct 2); small hop on L ft leaving R leg backward (ct 3). Repeat with opp ftwk (starting with hop on L). Step can begin with either ft.

Heel-click (Hołubiec [hoh-WOO-bee-ets]): Moving sideways, extend L leg a little to side (ct ah); make low leap onto R while clicking L heel (toes pointed down) to R heel while in air, land on R (ct 1); step sideways on L keeping L leg straight and extending R leg back (ct 2); close R ft next to L with accent (ct 3). Step can be done in opp direction with opp ftwk.

Wybijany [vee-bih-YAHN-ee] (Pas Coupé): Combination of Heel-click and Hop-slide-hop steps. The Hop-slide-hop starts with hop on closing ft of Heel-click step which is placed in front of other ft instead of next to it as the body turns  $\frac{1}{4}$  to face direction of slide movement.

Lightning (Błyskawica [bwis-kah-VEE-tsah]): This figure (2 meas) serves to change the direction of movement during the Mazur basic in Promenade pos. Without releasing hands, M lifts L arm turning twd the outside and with one basic step (starting with L ft crossing over R) swings L arm sharply over ptr's head as if trying to catch her and brings it down to his side as he moves to outside of circle; W ducks under M's arm as she moves to inside of circle. On the second meas, both turn with 3 steps; M turn  $\frac{3}{4}$  CCW backing up slightly while W turn  $\frac{1}{4}$  CW

in place. Both end facing opp direction with W now on the inside; free hands are again raised out to the side. This can also be done moving RLOD.

Styling: All steps are danced smoothly and in a gliding manner, and can be enhanced with accents, usually on ct 3. The bow: W curtsy by bending the knees; M nod the head.

Measures	¾ meter	Pattern
<u>INTRODUCTION</u>		
1-8		No action, except on last 4 meas gradually bring arms up as in <u>Promenade pos.</u>
9-12		Dance 4 <u>Mazur basic</u> steps away from ptr, M begin with L ft, W with R. M make large circle to L (CCW) and W to R (CW), and return to ptr.
13-14		Facing ptr, M's R hand holds W's L. M take large step to L and W to R (cts 1,2), close with opp.ft (ct 3) (meas 13), and bow (meas 14).
15-16		Repeat meas 13-14 in opp direction with opp ftwk.
17-18		Open into <u>Promenade pos</u> facing LOD, and walk 6 steps backward (RLOD) beginning with M's L and W's R ft.
I. <u>PROMENADE WITH LIGHTNING</u>		
1-6		Dance 6 <u>Mazur basic</u> steps fwd in LOD beginning with outside ft.
7-8		Do <u>Lightning</u> step to end facing RLOD in <u>Promenade pos.</u>
9-16		Repeat meas 1-8 in RLOD, but end with cpl facing ctr of circle.
II. <u>TOWARD CTR AND BACK, TURN</u>		
1-2		With 2 <u>basic</u> steps (beginning with outside ft), dance twd ctr of circle, but during meas 2 ptrs release hands and turn twd each other to face out, rejoining inside hands.
3-4		Beginning with inside ft, dance 2 <u>basic</u> steps twd outside of circle, but during meas 4 ptrs turn toward each other and take hand hold at chest height; arms are extended and rounded to form firm circle.
5-7		Dance 3 <u>basic</u> steps turning CCW as a cpl (to the R); M start with L ft, W with R.
8		With 1 <u>basic</u> step open up to finish facing ctr of circle.
9-16		Repeat meas 1-8, but on meas 16 do not open up but keep two hand hold (ptrs still facing), and end with M facing LOD.
III. <u>PAS COUPÉ</u>		
1-2		Holding inside hands (M's R, W's L) dance the Pas Coupé sequence ( <u>Wybijany</u> ) twd ctr of circle (M clicks with L ft, W with R).
3-4		Turning away from ptr, dance 2 <u>basic</u> steps circling, M to L, W to R, and return to ptr.
5-8		Repeat meas 1-4 in opp direction (away from ctr) and with opp ftwk.
9-16		Repeat meas 1-8.
<u>INTERLUDE I</u>		
1-4		Repeat Introduction meas 9-12 (circling).
IV. <u>PROMENADE WITH LIGHTNING</u>		
1-16		Repeat Fig. I, but end with ptrs facing, M with back to ctr.
<u>INTERLUDE II</u>		
1-2		Individually turn in small circle to own L with 3 walking steps. M put hands on hips, W leave arms extended out (meas 1); bow (meas 2).
3-4		Repeat meas 1-2, but turn to own R.

V. TRAVEL WITH PAS CHASSÉ

- 1-3 With 3 basic steps, M travel in LOD on inside of circle but face outside. W travel in RLOD on outside of circle but face inside. Both start with L ft and travel to 4th person after their ptr.
- 4 Turn CCW (to L) with 2 steps (R,L) (cts 1, 2); hold ct 3 to end facing ptr.
- 5 Hop-slide-hop (Pas Chassé) passing R shoulder with ptr and beginning with hop on L ft. On ct 3 (hop on R), turn ½ to R to end facing in opp direction.
- 6 Repeat meas 5 with opp ftwk (start with hop on R) and return to original position passing L shoulders (same side of ptr).
- 7-8 Take two hand hold with this new ptr (arms forming circle), and dance 1 basic step (starting with R ft) turning as a cpl CCW (to the R) to make half turn. M end up on outside of circle. On meas 8, take only 2 steps (L,R) turning one-half to L in place and hold on ct 3 to end with wt on R ft, and with M facing RLOD, W facing LOD.
- 9-16 Repeat meas 1-8 returning to original ptr. M travel on outside of circle, W on inside. Note that on meas 12, the music slows so the individual turn is slow.
- 25-32 Repeat meas 1-16. W take 3 steps, instead of 2, on meas 32 to end with wt on L ft.

INTERLUDE III

- 1-2 Facing ptr, M take large step to L, W to R in LOD (cts 1, 2), close with opp ft (ct 3) (meas 1); and bow (meas 2).
- 3-4 Open to Promenade pos facing LOD.

VI. Repeat Fig. I (16 meas).

VII. Repeat Fig. II (16 meas), but end with M on inside facing ptr.

VIII. FINALE

- 1-2 M take large step to L, W to R in LOD (cts 1, 2); close opp ft (ct 3) (meas 1), and bow (meas 2).
- (1-2) Alternative finale: Both circle away from ptr and to own L with 2 basic steps, and return to ptr; bow.