

MAYIM

(Israel)

Mayim (MAH-yeem), a dance of Israel, was presented at University of the Pacific Folk Dance Camp, 1951, by Dvora Lapson. Mayim is translated as "water" and conveys in design and form the movement of water, of waves, the feeling of going toward the well, and the unbounded joy of discovering water in an arid country.

MUSIC: Record: Hed Arzi AN 43-48; Israel 114; Folkraft 1108-A
Israel 45-2001-1; Folkraft 1475-A; Tanz SP 23035(Slow)

FORMATION: Closed circle dance for any number of persons.
Stand facing ctr, hands joined and down at sides.

NOTE: This dance may be done in a double circle with both circles facing into the ctr, or it may be done with the outside circle facing in and the inside circle facing outward.

STEPS AND
STYLING:

Run*

Grapevine: Beginning R, step R across in front of L, accenting step (ct 1); step directly to the L on L (ct 2); step R across behind L (ct 3), leap L onto L (ct 4). On the leap and in preparation for the repeat of the grapevine step, the R ft swings across in front of L in a small arc, but the wt remains on L ft.

MUSIC 4/4

PATTERN

Measures

I. GRAPEVINE TO L, TO CTR AND OUT

- 1-4 Beginning R, move in a CW circle with 4 grapevine steps.
- 5 Beginning R, move twd ctr with 4 light running steps. Accent the first step with an easy knee bend and very small leap. Lift the hands gradually twd the ctr of the circle and to an above-the-head pos on the 4 runs.
- 6 Beginning R, move directly out of circle with 4 steps, lowering the hands to the side.
NOTE: The leap on ct 1 is optional
- 7-8 Beginning R, repeat action of meas 5-6.

II. RUN, TAP AND CLAP

- 1 Face RLOD (CW); beginning R, move CW with 4 running steps. Keep joined hands extended down.
- 2 Turn to face ctr, keeping hands joined; leap R and tap L ft across in front of R (ct 1); hop on R and tap L ft directly to the L (ct 2); hop on R and tap L ft across in front of R (ct 3); hop on R and tap L ft directly to the L (ct 4).
- 3 Repeat action of cts 3, 4 of meas 2 (Fig II) two times.

MAYIM (Continued)

- 4 Leap onto L ft and tap R across in front of L, clapping hands directly in front (about chest high), as R ft crosses in front of L (ct 1); hop on L and tap R to R, opening arms directly to side (ct 2); hop on L and tap R across in front of L, clapping hands as before (ct 3); hop on L and tap R to R, opening arms directly to side (ct 4).
- 5 Repeat action of cts 3, 4 of meas 4 (Fig II), two times.
Repeat entire dance from the beginning.

SONG TEXT

Ush'avtem mayim besason	"Therefore with joy shall ye
Mi maynai hayeshus	draw water out of the wells
Mayim mayim mayim mayim	of salvation"
Hoe mayim besason	(Isaiah XII, 3)
Ha ha ha ha	
Mayim mayim mayim mayim	
Mayim mayim besason	

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