MALOJ MOME

(Macedonia)

Maloj Mome (MAH-loy MOH-meh) originated in the area around Kumanove. It is danced for pleasure and can be seen at weddings, holidays and other special occasions. The dance was introduced by Atanas Kolarovski, of Skopje, Jugoslavia, at the University of the Pacific Folk Dance Camp, Stockton, California, in 1969.

MUSIC:

Record: "Tanec", LP 029 Radio - Televizje Beograd (RTB), Side A, Band 2: "Sevdalino, Maloj Mome".

FORMATION:

Broken circle, leader at right end of line. Hands are joined and held down. M and W dance in same line, although W style is more restrained.

STEPS AND

Walk*, hop*, small leap*.

STYLING:

Feet are kept close to floor, with steps small, sharp and light.

*Described in volumes of Folk Dances from Near and Far mublished by the

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MUSIC 2	/4 PATTERN
Measures 1-16	INTRODUCTION Leader may begin walking, 2 steps per meas, at any time during the introduction. Begin with R ft and move in LOD. End with wt on L ft.
I	PART ONE (Vocal)
1	Moving in LOD, lift on L ft (ct 'ah' of preceding meas), step fwd on R (ct 1), step fwd on L (ct 2).
2	Continue moving in LOD with3 small running steps, R,L,R (cts 1,&,2), hold (ct &).
3-4	Still moving in LOD, repeat action of meas 1-2, but with opp ftwork (begin with lift on R)
5	Facing ctr, hop on L, at same time kicking R ft fwd (ct 1), take small leap onto R next to L, at same time lifting L leg in front of R with bent knee high (ct 2).
6	Step on L in front of R (ct 1), step back on R (ct &), step L beside R (ct 2), hold (ct &)
7	Jump on both ft, slightly apart (ct 1), hop on L in place, bringing R ft behind L calf, knee turned out (ct 2).
8	Facing slightly to L, and moving in RLOD, step on R across in front of L (ct 1), step to L on L (ct $\&$), again step on R across in front of L (ct 2), hold (ct $\&$).
9-16	Repeat action of meas 1-8, reversing direction and ftwork. End facing ctr.
II	PART TWO (Instrumental)
1	With body bent slightly fwd from hips, and joined hands raised to shoulder level and extended fwd, elbows relaxed, move fwd twd ctr, stepping R in front of L (ct 1), L in back of R (ct &), R in front of L (ct 2), hold (ct &).

- - NOTE: These steps are danced on the ball of the ft.
- 2 Repeat action of meas 1, Part II, beginning L.
- 3-4 Repeat action of meas 1-2, Part II.
- 5 Lift on L, kicking R fwd and at same time bringing joined hands down (ct 1), take small leap onto R beside L, lifting L leg in front of R with bent knee high (ct 2).
- Moving bkwd a little, step on L a little in front of R (ct 1), step bkwd on R (ct &), 6 again step on L a little in front of R (ct 2), hold (ct &). NOTE: L ft remains in front of R.
- Step bkwd on R, twisting L heel twd R so that L heel points twd R toes (ct 1), step bkwd 7 on L, twisting R heel twd L so that R heel points twd L toes (ct 2).
- 8 Hop on L (ct 1), step back on R (ct &), step L across in front of R (ct 2), hold (ct &). Repeat dance from beginning, to end of music.