MALOJ MOME
(Macedonia)

Maloj Mome (MAH-loy MOH-Meh) originated in the area around Kumanowe. It is danced for pleasure and can be seen at weddings, holidays and other special occasions. The dance was introduced by Atanas Kolarovski, of Skopje, Yugoslavia, at the University of the Pacific Folk Dance Camp, Stockton, California, in 1969.

**Music**: Record: "Tanec", LP 029 Radio - Televisije Beograd (MTR), Side A, Band 2: "Sevdalino, Maloj Mome".

**Formation**: Broken circle, leader at right end of line. Hands are joined and held down. M and W dance in same line, although W style is more restrained.

**Steps and Styling**: Walk*, hop*, small leap*.

*Described in volumes of Folk Dances from Near and Far, published by the Folk Dance Federation of California, Inc., San Francisco, California 94103.

<table>
<thead>
<tr>
<th>MUSIC</th>
<th>PATTERN</th>
</tr>
</thead>
<tbody>
<tr>
<td>Measures</td>
<td>2/4</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Measures</th>
<th>Pattern</th>
</tr>
</thead>
<tbody>
<tr>
<td>1-16</td>
<td><strong>INTRODUCTION</strong> Leader may begin walking, 2 steps per meas, at any time during the introduction. Begin with R ft and move in LOD. End with L ft on L ft.</td>
</tr>
</tbody>
</table>

**I. PART ONE (Vocal)**

1. Moving in LOD, lift on L ft (ct 'ah' of preceding meas), step fwd on R (ct 1), step fwd on L (ct 2).

2. Continue moving in LOD with 3 small running steps, R, L, R (cts 1, 2, 3), hold (ct 4).

3-4. Still moving in LOD, repeat action of meas 1-2, but with opp ftwork (begin with lift on R).

5. Facing ctrl, hop on L, at same time kicking R ft fwd (ct 1), take small leap onto R next to L, at same time lifting L leg in front of R with bent knee high (ct 2).


7. Jump on both ft, slightly apart (ct 1), hop on L in place, bringing R ft behind L calf, knee turned out (ct 2).


**II. PART TWO (Instrumental)**

1. With body bent slightly fwd from hips, and joined hands raised to shoulder level and extended fwd, elbows relaxed, move fwd twd ctrl, stepping R in front of L (ct 1), L in back of R (ct 2), L in front of R (ct 3), hold (ct 4).

**NOTE:** These steps are danced on the ball of the ft.

2. Repeat action of meas 1, Part II, beginning L.

3-4. Repeat action of meas 1-2, Part II.

5. Lift on L, kicking R fwd and at same time bringing joined hands down (ct 1), take small leap onto R beside L, lifting L leg in front of R with bent knee high (ct 2).


**NOTE:** L ft remains in front of R.

7. Step bkwd on R, twisting R heel twd R so that R heel points twd R toes (ct 1), step bkwd on L, twisting L heel twd L so that L heel points twd L toes (ct 2).