

MALLEBROK  
(Danish)

This dance pattern is of Danish origin; the version described here is that used by a folk dance group in England. The description differs somewhat from the descriptions in references listed below. The music is that of the old French folk song "Malbrough" (The Duke of Marlborough), more familiar to us as the tune of "We Won't be Home Until Morning."

References 6, 11, 16.

Music Piano--see references

Formation Couples in closed position in circle formation, M with back to center of circle. Progression counter clockwise.

Steps Polka\*, one to a meas.; Chassez\* (glide-close-glide-hold), one to a meas.; Jig\* or Reel, two to a meas.

Music (2/4)	Pattern
Measure	I. <u>Couples polka.</u>
A. 1 - 8	Take 8 polka steps, with couples turning counter clockwise, and progressing around the circle.
A. 1 - 8 (repeat)	Repeat action described above.
B. 9	II. <u>Chassez and Jig</u> Partners release hold and face each other, M with back to center of circle. Each take one chassez step to own L.
10	Each hop twice on L, while swinging R leg diagonally fwd. across L, and clapping twice.
11 - 12	Repeat action of meas. 9 and 10, starting to the R.
13 - 16	Take 8 jig or reel steps in place, starting by placing L ft. behind R, each with hands on hips.
B. 9 - 16 (repeat)	Repeat action of meas. 9 - 16, described above.

Note: This can be made a progressive or mixer dance by M moving fwd. at end of action described above.