

Magyar Csárdás I

Hungary

Magyar Csárdás I (MAW-djawr CHAHR-dahsh) is a couple dance choreographed by Csaba Palfi with a variety of Hungarian steps and patterns. It was introduced by him at Mendocino Folklore Camp 1972 and taught by Dean Linscott at MFL 1974 and 1982.

Music: Folkraft Hungarian Folk Dances, Vol. II LP-29, Side A/2
(includes dance description by Csaba Palfi) 4/4 & 2/4 meters

Formations: Couples scattered in Shoulder-Waist position: Partners face, M hands on W waist, W hands on M shoulders. Turn position (CW) is similar to Shoulder-Waist, but partners are R hip to R hip, and M L hand holds WR shoulder. Unless specified, the amount of rotation in cpl turns is arbitrary.

Steps: Csárdás R: Step R to R (ct 1); close L to R with or without wt (ct 2).
Double Csárdás R: Step R to R (ct 1); close L to R with weight (ct 2); step R to R (ct 3); close L to R with or without weight (ct 4).
Open Rida CW: Circling in Shoulder-Waist or Turn position, rise on ball of L to L (ct 1); step slightly across L on R, foot flat and knee bent (ct 2).
Lippentos R: In Shoulder-Waist or Turn-position, M & W lift on ball of R ft, raising heel, straightening knee and pivoting slightly CW to swing straight L leg across R (ct 1); small step on L across R, bending knees slightly (ct 2); step on R beside L, raise both heels and pivot slightly CCW (ct 3); lower heels, bending knees slightly (ct 4).
Running Cifra: Run: R,L,R, L,R,L,...(cts 1,&2, 1,&2,...); ftwk alternates.

Measure	4/4 and 2/4 meter	PATTERN
2	<u>INTRODUCTION</u>	Shoulder-waist position - no movement. 4/4 meter
	I. <u>CSÁRDÁS ROTATION</u>	- 4/4 meter
1	Hands on hips, M dances 2 Csárdás steps R, around initial W position. W walks fwd R,L,R,L in small CW circle, raising arms slowly until hands are above head height.	
2	Dancing Double Csárdás R (M CCW, W CW), ptrs pass as W moves arms R,L,R, hold (cts 1,2,3,4). (With elbows slightly bent, arms and shoulders move together.)	
3	Both dance Double Csárdás L as W reverses arm movement. Partners end facing and return briefly to Shoulder-Waist position. Net couple rotation is 1/4 CCW.	
4-12	Repeat meas 1-3 three times, a total of four, ending with cpl in original position.	

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II OPEN RIDAS CW WITH LIPPENTOS R - 4/4 meter

- 1-2 Couple turns in Shoulder-Waist or Turn position with 4 Open Rida CW steps.
- 3 Dance Lippentos R.
- 4-12 Repeat meas 1-3 three times, a total of four.

III. RUNNING CIFRAS - 2/4 meter

- 1 Side by side with inside hands (MR, WL) joined down, both run forward with one Cifra step (R,L,R) as joined arms swing fwd.
- 2 Both run backward with opp ftwk (L,R,L), as joined arms swing backward.
- 3-4 In place, M swings joined hands fwd, up, over and down, as W turns once CW.
- 5-6 Joined arms swing back, up, over and down, as W turns once CCW.
- 7-8 Couple turns CW in Turn position.
- 9-12 Taking W R hand in his L and raising it above his head, M dances in place without turning as W circles him once CW.
- 13-14 Couple turns CW in Turn position.
- 15-16 Raising W R hand in his L, M turns W under once CW.
- 16-32 Rejoining inside hands, repeat meas 1-16, but end with L ft free.

IV. OPEN RIDAS WITH EXTRA TURNS BY WOMAN - 2/4 meter

- 1-4 In Turn position cpl dances 4 Open Rida CW steps.
- 5-6 With both continuing Open Rida CW steps, M takes WR hand in his L and turns her CW slightly more than one turn to face him.
- 7-8 With same footwork, M turns W CCW slightly less than one turn to face.
- 9-56 Repeat meas 1-8 six times.