

# MACHAR

(Israel)

Machar (mah-HAHR) means "Tomorrow". The words and music are by Naomi Schemer. The choreography is by Rivka Sturman, who introduced the dance at the 1968 University of the Pacific Folk Dance Camp, Stockton, California.

MUSIC: Record: Israel Dances, Hed Ariz MN 529

FORMATION: Trios, one M and two W; M in ctr, hands joined with W at shoulder height. W outside hands at sides. All face LOD.

STEPS AND STYLING: Run\*, Step-hop (2 per meas): Step R ft across in front of L (ct 1); hop on R (ct 2); step L across in front of R (ct 3); hop on L (ct 4).

\*Described in volumes of "Folk Dances From Near and Far" published by the Folk Dance Federation of California, Inc., 1095 Market Street, San Francisco, California 94103

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MUSIC 4/4

PATTERN

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Measures

4 meas INTRODUCTION

I. RUN AND STEP-HOP

A 1 Beginning R, all move fwd in LOD (CCW) with 4 light running steps.

2 Continue in LOD with 2 step-hops.

3-8 Repeat action of meas 1-2 three times.

II. TURN PARTNERS AND PROGRESS

Release hands. Middle dancer and R hand ptr face each other and dance the following action:

B 9 Step R to own R, body leaning to R (ct 1); clap hands once near own R shoulder (ct 2); step L to L, shifting wt and leaning to L (ct 3); clap hands once near L shoulder (ct 4).

Simultaneously, ptr on L face middle person and dance same action in place.

10 Middle dancer and R hand ptr hook R elbows and turn once CW with 4 running steps (RLRL). Release elbows.

11-12 Middle dancer face L hand ptr, link L elbows, and turn once CCW with 8 running steps. Release elbows with L ptr.

Note: During above action, inactive ptr remains in place.

13 Middle dancer and L hand ptr face each other and repeat action of meas 9.

Simultaneously, R hand ptr face middle dancer and perform same action.

14 Middle dancer and L hand ptr hook R elbows and repeat action of meas 10. R hand ptr remain in place.

15 Middle dancer line L elbows with R hand ptr and turn 1/2 turn CCW with 4 running steps (RLRL) to finish on the outside of the circle, facing LOD. Release elbows.

16 Middle dancer move fwd from the outside with 4 running steps to join two new dancers.

Repeat dance from the beginning, progressing five times.

Dance and music finish with four meas of Fig. I.