FOLK DANCE FEDERATION OF CALIFORNIA DANCE RESEARCH COMMITTEE:

MARCH 1976

LILKA

(Serbia)

Lilka (LEEL-kah) is a traditional Serbian dance from the Nisava Valley. It was presented at the 1975 University of the Pacific Folk Dance Camp by Bora Gajicki.

MUSIC:

Borino Kolo Folk Ensemble. BK-475; S-B, B-4.
5/8 meter. The rhythm is Quick, Quick, Quick, Slow. Counted here as 1, 2, 3, 4.

FORMATION:

Short lines of 8 - 10 dancers. Belt hold, or front basket hold; L arm over neighbor's R arm. Face LOD. Wt on L ft.

Hop on L ft, raising R ft in front, knee bent (ct 1); move in LOD with 3 light,

STEPS and

The dance is lively and bouncy. Raising the free ft in back, knee bent, as the supporting ft takes wt is a style characteristic. However, in Fig I and Fig III the hop on ct 1 of each meas involves raising the free ft in $\underline{\text{front}}$, knee bent.

MUSIC 5/8

PATTERN

Measures A 1-8

B 1

5-8

INTRODUCTION - no action

CIRCULAR PATTERN

bouncy, running steps R, L, R (cts 2, 3, 4).

Repeat action of meas 1 with opp ftwk.

Face ctr, repeat action of meas 1, moving bkwd away from ctr.

4 Repeat action of meas 2, moving fwd twd ctr, or slightly twd R (RLOD).

Repeat action of meas 1-4.

II. TWD CTR & BACK

Face ctr, move fwd with 3 small, light running steps, beg R (cts 1, 2, 3); stamp L next to R, no wt (ct $\underline{4}$). Lean bkwd during this measure.

Move bkwd with 3 small, light running steps, beg L (cts 1, 2, 3); touch R toe bkwd, leg straight (ct $\underline{4}$). Lean fwd during this measure.

3-8 Repeat action of meas 1-2, (Fig II), three more times.

III. TRAVEL IN LOD

A 1-2 Facing slightly R of ctr, repeat action of Fig I, meas 1-2, moving in LOD.

3-4 Turn to face L of ctr and repeat action of Fig I, meas 1-2, moving bkwd in LOD. At end turn to face R of ctr.

5-8 Repeat action of meas 1-4 (Fig III).
Repeat dance from beginning 4 more times.