

# Lea musat armina

(Romania)

Lea musat armina (LAY-ah moo-SAHT ar-MIH-nah) is danced by Romanians in the Dobruja region. Many of these people once lived in Macedonia which explains the Greek influence on the dance. Lea musat armina was taught by Nicolaas Hilferink at the 1988 University of the Pacific Folk Dance Camp.

CASSETTE: Romanian Folk Dances presented by Nico Hilferink Side A/3

RHYTHM: Music is in 7/16 meter (1-2-3, 1-2, 1-2) heard as 3 beats with the first being longer than the other two. Count used here is: ct 1 (3/16), ct 2 (2/16), ct 3 (2/16). Count 1 is underlined to show that it is a longer count. Could also be cued: slow, quick, quick.

FORMATION: Lines of M and W, hands in "W" pos. Face diag R of ctr.

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MUSIC	7/16 meter	PATTERN
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Measures

8 meas     INTRODUCTION     No action. Beg dance with vocal.

I. MOVE IN LOD

- A 1     Moving in LOD (CCW) step on R and end with a low hop on R (ct 1); step on L across in front of R (ct 2); step on R in LOD (ct 3).  
NOTE: The low hop occurs on the last 16th note of ct 1.
- 2     Still moving in LOD, step on L across in front of R (ct 1); step on R in LOD (ct 2); step on L across in front of R (ct 3).
- 3     Facing ctr, step on R to R side (ct 1); close L to R, no wt (ct 2); hold (ct 3).
- 4     Repeat meas 3 with opp ftwk and direction.
- 5-16     Repeat meas 1-4 three times.

II. BACKWARD AND FORWARD; MOVE IN LOD AND RLOD

- B 1     Facing ctr and swinging arms down to "V" pos, step bkwd on R (ct 1); step on L beside R (ct 2); step on R in place (ct 3).
- 2     Swinging arms up to "W" pos, step fwd on L (ct 1); step on R beside L (ct 2); step on L in place (ct 3).
- 3-4     Facing diag R of ctr and moving in LOD, repeat Figure I, meas 1-2.
- 5     Repeat Figure II, meas 1.
- 6     Facing ctr and moving diag fwd L, step on L (ct 1); hop on L (ct 2); step on R across in front of L (ct 3). Swing arms up to "W" pos on ct 1.
- 7     Step on L to L (ct 1); step on R across behind L (ct 2); step on L to L (cts 3).
- 8     Close R to L, no wt (ct 1); hold (cts 2,3).
- 9-16     Repeat meas 1-8.

DANCE SEQUENCE: Dance is done four times in all.