

LACES AND GRACES  
(American)

There is reason to believe that Laces and Graces was originally an English ballroom dance. It has undergone modifications in the American social environment resulting in this present form which is popular in the West.

- Music            Record: Imperial Record 1006-B. This record should be played more slowly.  
                       Music: Sheet Music, "Laces and Graces," Witmark and Sons, N. Y.
- Formation        Couples in a circle, facing counterclockwise, inside hands joined.
- Steps             Pivot, Step-swing, Slide, Two-step

| <u>Music</u> (6/8)  | Pattern  |
|---|--|
| <p>Measure</p> <p>A     1</p> <p>      2</p> <p>      3</p> <p>      4</p> <p>   5 - 6</p> <p>   7 - 8</p> <p>   9 - 16</p> | <p><u>I. Point, Pivot and Slide</u></p> <p>Each start with outside ft.; point fwd., point swd. Step bwd. on outside ft., and pivot once around. (Pivot on L for M and R for W). Partners turn out, or away from each other, on pivot. At end of pivot partners are facing each other with both hands joined.</p> <p>Step-swing: M steps on R and swings L across in front; W steps on L and swings R across in front.</p> <p>Repeat step-swing in opposite direction.</p> <p>Still facing and holding both hands, partners take 4 sliding steps to M's R and W's L.</p> <p>Couples face in line of direction, inside hands joined, walk 4 steps fwd., starting on outside ft.</p> <p>Repeat action of meas. 1-8.</p> |
| <p>B     1 - 8</p> <p>      9 - 16</p>  | <p><u>II. Two-Step</u></p> <p>Partners standing face to face, inside hands joined, two-step swd. in line of direction (meas. 1); swinging inside hands fwd. two-step fwd. with partner back to back (meas. 2). Continue two-step, face-to-face and back-to-back, for eight steps in all.</p> <p>Take ballroom position and two-step or polka, partners turning clockwise as they progress in the line of direction. On the last two measures M turns W under his R arm so that at the <u>end</u> of the last measure partners are side-by-side, with inside hands joined, ready to repeat Fig. I.</p>  |