LA VINCA (Vincha)
(North Italian)

This dance is described as it is performed in England. It has been
published by the Ling Physical Education Association of London.

Music
Imperial 1054-B "La Vinca" (Italian Album)
Columbia DB1653 "La Vinca"

Formation
Couples in a double circle in closed position*, M with
back to center, W facing center.

Steps
Slide*

<table>
<thead>
<tr>
<th>Measure</th>
<th>Pattern</th>
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| 1 - 8   | I. Sliding Steps  
Beginning with M L and W R couple take 16 slide steps moving counterclockwise in a circle. |
| 9       | II. Stamp-Clap-Shake-Turn  
Drop hands, facing partner. Both stamp 3 times R (ct. 1), L (ct. and), R (ct. 2), hold (ct. and). |
| 10      | Clap own hands 3 times (ct. of 1, and, 2, hold on final "and"). |
| 11      | Shake first finger of R hand 3 times at partner in the same rhythm. |
| 12      | Both turn in place to R with three steps R, L, R. |
|         | Repeat action of Fig. II with the following changes: |
| 13      | Facing partner stamp L, R, L. |
| 14      | Clap own hands 3 times. |
| 15      | Shake first finger of R hand 3 times at partner. |
| 16      | Both turn to own R with R, L, R. |

Locally this dance has been performed as a progressive dance. When so performed, W stays in place on repetition of the dance while the M starts sliding fwd, taking the W on his L "on the fly" as his new partner. The new partners then continue the slides together.
LA VINCA

North Italian Folk Dance

1  2  3

4  5  6

7  8  9

10 11 12

13 14 15 16