

LA REVOLCADA

(Mexico)

La Revolcada (Reh-vohl-CAH-dah) is a polka - a couple dance of the ballroom type such as was done during the days of Maximilian's court and then filtered down to the lower classes. It was presented at the 1970 Stockton Folk Dance Camp by Emilio Pulido.

MUSIC: Record: Discos de Fama 126B

FORMATION: Cpls in a double circle with hands joined and outstretched to sides, W on inside with back to ctr and M on outside.

STEPS: Polka*, Sliding step*, 3-step turn*,

Heel-toe turning step: Hop L extending R heel diag fwd R on floor (ct 1), hop L placing R toe bkwd on floor (ct 2). Next step starts with leap onto R extending L heel fwd on floor.

Traveling scuff step (2 meas): Scuff R heel fwd (ct 1), hop L (ct &), 2 sliding steps plus one more step R to R, cpl making 1/2 turn (cts 2,&; meas 2, cts 1,&,2). Next step starts with scuff L heel fwd. When M scuff R (WL), turn 1/2 CW. When M scuff L, turn 1/2 CCW, cpl never making a full turn.

Scuff step: Scuff R heel fwd (ct 1), step R in place (ct 2). Next step starts L.

Ftwork is described for M. W dance counterpart unless otherwise stated.

*Described in volumes of FOLK DANCES FROM NEAR AND FAR published by the Folk Dance Federation of California, Inc., 1095 Market Street, San Francisco, CA 94103.

MUSIC 2/4

PATTERN

Measures

No Introduction.

I. HEEL-TOE POLKA

- A 1 Hop R placing L heel to L side on floor (ct 1). Hop R raising L toe across in front of R (ct 2). Joined hands dip twd RLOD.
- 2 Dance 1 polka step swd RLOD.
- 3-4 Repeat action of meas 1-2 reversing ftwork and direction.
- 5 Repeat action of meas 1.
- 6 With a preliminary hop R (ct ah), dance 2 sliding steps swd RLOD.
- 7-8 Release hands and make an individual 3-step turn twd RLOD (M:CCW, W:CW), M stepping LRL. Stamp R beside L, no wt.
- A 1-8 Repeat action of meas 1-8 reversing ftwork and direction, M only taking wt on repeat last stamp L.

II. HEEL-TOE TURN

- B 1-6 M with thumbs in belt front, W holding skirt in L hand at L shoulder and R hand at waist, both M and W starting with hop L, make one individual turn CW in place with 6 heel-toe turning steps.
- 7-8 Make one 3-step turn CCW in place, stepping LRL and stamp R beside L, no wt.
- B 1-8 Repeat action of meas 1-8 (Fig II), M taking wt on last stamp R. At end resume pos for Fig I.

III. HEEL-TOE POLKA

- A 1-8 Repeat action of Fig I, only meas 1-8.

LA REVOLCADA (continued)

IV. TRAVELING SCUFF STEP

- C 1-2 Retaining pos as in Fig I, dance 1 traveling scuff step progressing in LOD (M start with scuff R, W scuff L), cpl turning 1/2 CW to finish with M on inside and W on outside of circle.
- 3-12 Still progressing in LOD, dance 5 more traveling scuff steps alternating ftwork and direction of turns, but do not turn the last time (meas 11-12). W take extra step L on last ct &. M is on inside of circle, W on outside.
- 13-16 Both starting R, cpl turn 1/2 CW in place with 4 scuff steps, accenting last step with a stamp, M only no wt.
- C 1-12 Starting M scuff L, WR, repeat action of meas 1-12 (Fig IV), moving in RLOD, this time
repeat M taking extra step L on last ct &.
- 13-16 Repeat action of meas 13-16 (Fig IV) to finish M on outside of circle, W on inside.
repeat
- Repeat dance from beginning through Fig III.