

La Cotriade

(France)

La Cotriade (LAH koh-tree-AHD) is a recent choreography from Alsace. It was notated by Jean Loup Baly and choreographed by Yvon Guilcher, both of "Mélusine," a French folk music group. It was presented by Yvon at the 1983 Mendocino Folklore Camp. It was taught by Marilyn Wathen at the 1983 Kolo Festival and the 1984 North-South Folk Dance Teachers' Seminar. It was also taught by Dean and Nancy Linscott at the 1984 Camellia Festival at Sacramento, California.

- CASSETTE: Bal Folk en Californie by Le Soleil Side B/5 3/4 and 2/4 meter
- RHYTHM: Dance is in 3/4 meter except for Fig I, meas 16 and Fig III, meas 7 which are in 2/4 meter.
- FORMATION: Cpl's in closed (ballroom) pos at random about the dance area.
- STEPS: Mazurka (1 to a meas): Danced in place. Step sdwd on L ft (ct 1); step on R in place (ct 2); lift R heel slightly while bringing L ft twd R ankle (ct 3). Step repeats exactly. W use opp ftwk.
- Waltz (1 to a meas): Waltz steps are done with a continual CW turning. Beg to turn CW, step on L (ct 1); continuing to turn, dance 2 small steps R,L (cts 2,3). Step alternates.
- Pivot (1 to a ct): Stepping on indicated ft, turn CW on ball of that ft.
- STYLING: Dance is done in a smooth, flat style. Each cpl dances in its own area and does not travel around the room in the usual CCW direction. There is no necessity for the cpl to be oriented in any particular direction at any time during the dance.

MUSIC 3/4, 2/4

PATTERN

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- Measures
2 notes +
4 meas
- INTRODUCTION No action.
- I. MAZURKA, WALTZ AND PIVOT
- 1-2 Beg M L, W R, dance 2 Mazurka steps.
- 3 Beg to turn CW, dance 1 Waltz step.
- 4 Continue to turn CW more vigorously with 3 Pivot steps.
- 5-7 Repeat meas 1-3.
- 8 M step on R, W on L (ct 1); close free ft to supporting ft without wt (ct 2); hold (ct 3).
- 9-15 Repeat meas 1-7.
- 16(2/4) Turning CW, dance 2 Pivot steps. These 2 Pivot steps should blend smoothly with the Waltz steps that follow.
- II. WALTZ AND PIVOT
- 1-6 Beg M R, W L, dance 6 Waltz steps turning CW. Remember to stay in your own area.
- 7(2/4) Dance 2 Pivot steps, still turning CW.
- 8-13 Repeat meas 1-6.
- 14 Repeat Fig I, meas 8 (step, close).
- Repeat dance twice.

NOTE: At the Camellia Festival another tape was used which fits the dance as described here except there are only 2 notes as Introduction.

Description written November 1984.