

## KUJAWIAK No. 3

(Poland)

Kujawiak (koo-YAHV-yahk) is a couple dance which originated in the villages of the Kujawy region in central Poland. Its melodies, in three-quarter time, are romantic, lyrical, and slightly sad. Generally speaking, there are three styles in which it can be done: the disappearing style of the peasants and country folk; the more polished style as done at elegant parties and balls by the gentry; and the stylized version as done by performing ensembles on stage. The three styles often mesh, as they do in this arrangement. The same applies to the way the music is played. Kujawiak has a number of steps and figures. Ada Dziewanowska choreographed this arrangement of steps and patterns and introduced it in 1970. The following description is as the dance was taught at the 1977 University of the Pacific Folk Dance Camp by Ada and her son, Jaś. (For more information on Kujawiak see Let's Dance, December 1974 issue.)

MUSIC: Record: Muza XL-0203 "Pożegnanie Ojczyzny" (Farewell To My Country), side B, band 6, "Czerwone korale" (Red Corals).

FORMATION: Cpls at random but oriented so that W have back to ctr, ptrs facing. Fists on own waist just in front of hip bones, elbows slightly fwd.

STEPS AND WALTZ\*: Shldr-shldr blade pos\*.  
STYLING: Side Balance Step: step on L to L side (ct 1): step on ball of R ft back of L heel (ct 2): step on L in place (ct 3). Step alternates.

\*Described in volume Steps & Styling, published by Folk Dance Federation of California, Inc. 1275 "A" St., Room 111, Hayward, CA. 94541.

MUSIC 3/4

PATTERN

Measures

- 1-4 INTRODUCTION. Sway slightly in place.
- I. HEEL TOUCH smooth
- A 1 Both beg R, with 3 small ↓ steps turn 1/4 CW so that L shldrs are twd each other (cts 1, 2, 3). should be "flex of both knees..."
- 2 With small preliminary ~~knee flex~~, place L heel diag fwd L and look at ptr over L shldr, M tilt chin up slightly (ct 1); hold (cts 2, 3).
- 3-4 Repeat action of meas 1-2 with opp ftwk and direction but make a 1/2 turn during meas 3.
- 5-6 Repeat action of meas 3-4 with opp ftwk and direction.
- 7 Both beg L, with 3 steps turn 3/4 CCW to end back-to-back (cts 1, 2, 3).
- 8 Stamp R, L (cts 1, 2); hold (ct 3). W keep wt on rt ft.
- 9-14 Repeat action of meas 1-6, but move sdwd with the 3 steps, M beg R, W beg L. Turn body to look over shldr at ptr on meas 10, 12, and 14.
- 15 With 3 steps M make a small CW arc to end facing LOD, W turn CCW to end facing ptr (cts 1, 2, 3).
- 16 Take shldr-shldr blade pos and stamp twice (M R, L; W L, R) (cts 1, 2); hold (ct 3).
- II. SWAYS; WALTZ
- Ftwk described for M. W use opp ftwk.
- B 1 Step on R to R side, bending knees deeply (ct 1); straighten knees, leave free ft touching floor, body leaning over supporting ft (ct 2); hold (ct 3).
- 2 Shift wt onto L ft (W R ft) to repeat action of meas 1 (Fig II).

- 3-4 Repeat action of meas 1-2 (Fig II), shifting wt on ct 1.
- 5-7 Moving fwd in LOD, with 3 waltz steps complete one CW turn. M beg stepping diag fwd on R ft, W diag bkwd on L ft. Ct 2 of each meas is preceded by a semi-circular sweep of the free ft close to the floor.
- 8 M again facing LOD, stamp L, R (no wt) (cts 1, 2); hold (ct 3).
- 9-16 Repeat action of meas 1-8 (fig II), but take wt on final stamp.

III. CROSS THROUGH; MOVE FWD

Ftwk described for M. W use opp ftwk.

- A 1 Step L across in front of R (W also cross in front), bending knees, to move away from ctr of dance area (ct 1); step R to R side (ct 2); step L beside R (ct 3).
- 2 Move fwd in LOD with 3 steps, M beg R: the first step is longer with a slight bending of the knees (cts 1, 2, 3).
- 3-6 Repeat action of meas 1-2 (Fig III) two more times.
- 7 With R sides adjacent and maintaining shldr-shldr blade pos, turn once CW with 3 steps.
- 8 Resume face-to-face pos, M facing LOD, and do 2 stamps in place R, L (no wt) (cts 1, 2); hold (ct 3).
- 9-15 Repeat action of meas 1-7 (Fig III).
- 16 Release shldr-shldr blade pos. With 2 stamps W turn 1/2 CW to end facing LOD slightly fwd of ptr at his R side. R hands joined over W R shldr. M stamps in place.

IV. SIDE BALANCE (very little fwd movement in this Fig.)

Ftwk described for M. W use opp ftwk.

- C 1-3 With 3 side Balance Steps (M beg L, W R), maintaining eye contact, move away from ptr on meas 1; change places with ptr (W passing in front of M) on meas 2; return to orig pos on meas 3, W again passing in front of M.
- 4 M take 3 steps in place while W, with knees bent, make one complete CCW turn under joined R hands with 3 steps.
- 5-7 Repeat action of meas 1-3 (Fig IV).
- 8 Facing LOD, stamp R, L (no wt) (cts 1, 2); hold (ct 3).
- 9-16 Repeat action of meas 1-8 (Fig IV).

Repeat dance from beginning, using introductory music to resume orig pos, i.e. M turns to face ctr with small walking steps as W walks in a small CCW arc to face ptr. At end of the repeat of dance, use introductory music to assume shldr-shldr blade pos, M facing LOD, and repeat action of Fig II, meas 1-8.

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ERRATA:

In Kujawiak #3, the following clarification should be added.

I. HEEL TOUCH

A 1 Both beg R, with 3 small smooth steps turn 1/4 CW so that L shldrs are twd each other (cts 1,2,3).

2 With small preliminary flex of both knees place L heel diag fwd L, straightening knees, and look at ptr over L shldr, M tilt chin up slightly (ct 1); hold (cts 2, 3).

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