

**KRAKOWIACZEK**

POLAND

This is a simplified version of the Krakowiacek (Krah koh ve ah' check) danced by Slask (Polish State Dance Group). It was presented by Anatol Joukowsky at the 1962 University of the Pacific Folk Dance Camp.

**MUSIC:** Record: Bruno 50071 Side B, Band 7

**FORMATION:** Cpls in double circle, M on inside, ptrs facing, inside hands (M R, W L) joined at shoulder height. W free hand on hip, fingers fwd. M free hand just behind hip, palm out.

Note: Whenever directed to put hands on hips, W have fingers fwd and M have palms out.

**STEPS:** Pas de Basque\*, Sliding Step\*

Walk\*: Take 2 steps to a meas (1 to a ct).

Click Step: Hop on R, clicking heels (ct 1). Step on L (ct &). Step on R (ct 2). Repeat of step starts again with hop on R.

Balance Step: Small step swd on R (ct 1). Step L next to R (ct &). Step R in place (ct 2). Hold (ct &). Next step would start with small step to L on L.

Turning Step: Small leap onto L, with bend of knee (ct 1). Step R (ct &). Step L beside R (ct 2). Hold (ct &). Next step would start with leap onto R. Two turning Steps are used to make 1 CW turn (as in waltz, polka, etc.).

\* Described in volumes of Folk Dances from Near and Far, published by Folk Dance Federation of California, Inc., 150 Powell Street, San Francisco 2, California.

---

**MUSIC 2/4****PATTERN**

---

**Measures**

- 1-8 INTRODUCTION - To insure good spacing, all cpls join hands in a single circle (W on M R) when dance is announced. As introduction is played, assume starting pos as given in FORMATION.
- I. BACK TO BACK - FACE TO FACE
- 1-2 Beginning M L, W R walk 3 steps in LOD (1 to a ct). Bringing inside hands fwd, end in back to back pos with ptr. Click heel of free ft (M R, W L) to heel of supporting ft (meas 2, ct 2). Instead of clicking heels, free ft can be touched on floor in LOD.
- 3-4 Repeat 3 walking steps beginning M R, W L and still moving in LOD. End facing ptr. Click outside ft (M L, W R) to supporting ft.
- 5-6 Beginning M L, W R dance 2 Pas de Basque steps in place, turning slightly away and twd ptr.
- 7-8 With 3 walking steps drop hands and change places with ptr. W pass to LOD side of M. Both make 1/2 turn R to face ptr. M step R beside L (meas 8, ct 2). W touch L beside R (meas 8, ct 2). Join hands straight across. Put R hips adj, extending R arm in front of ptr. L elbow is bent and arms are parallel to floor.
- 9-11 Beginning with hop on R, dance 3 Click steps, moving in CW circle 1-1/2 turns to end M on inside and W on outside of circle (original places).
- 12 Stepping L, R in place, assume beginning hand pos of meas 1, W put on wt on R.
- 13-96 Repeat action of meas 1 - 12 (Fig I) 7 times (8 in all).

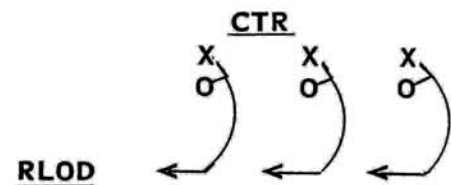
Note: No need to ct how many times pattern is done. First time is danced to instruments only. Second through seventh is danced to vocal. Last time is again to just instruments.

II. MEN IN CENTER

- 1-4 Men: Beginning L ft and making 1/2 turn R, walk 8 steps twd center to join hands in a circle, Keep circle as large as possible.
- 5 Hopping on R, click heels (ct 1). Step L to L side (ct 2).
- 6 Step R across in front of L (ct 1). Hopping on R, click heels (ct 2). Circle moves to L (CW) during meas 5-6 (Fig II).
- 7-12 Repeat action of meas 5-6 (Fig II) 3 times.
- Note: Repeating the action puts 2 clicks together.
- 13-14 Repeat action of meas 5-6 (Fig II). 1 more time but drop hands and make 1/2 turn to L to face W. Omit last hop and click on R (meas 14, ct 2). Instead close L to R (no wt).
- Women: Meas 1-2: Beginning R and facing a little L of LOD, walk 3 steps in LOD. Facing ctr, close L to R (no wt)(meas 2, ct 2). Hold skirts throughout this figure.
- Meas 3-4: Moving in RLOD, walk 3 steps L, R, L, leading with L shoulder. Light stamp on R next to L (no wt)(meas 4, ct 2). On the 3 steps make an arc to L so that on stamp of R ft, R shoulder is twd RLOD.
- Meas 5-6: Continue walk in RLOD but start R and lead with R shoulder. Adjust length of step and degree of arc so as to keep behind ptr.
- Meas 7-10: Repeat action of meas 3-6 (Fig II).
- Meas 11-12: Repeat action of meas 3-4 (Fig II).
- Meas 13-14: Beginning R, move to M with 4 walks. On last ct of meas 14 ptrs take ballroom pos, M back to ctr.

III. SLIDES IN CW CIRCLE

- 1-13 Beginning M L, W R take 26 Sliding Steps (2 to a meas). Each cpl make 1/2 of a CW circle (on about the first 4 slides) and then travel in RLOD, M face ctr. See diagram.



IV. WOMEN IN CENTER

- 1-2 Men: With hands on hips and facing RLOD, walk L, R, L. Click R to L (meas 2, ct 2). M take modified shoulder lead (but not as much as W do in Fig II) so that clicking ft is nearer RLOD than supporting ft.
- 3-4 Repeat action of meas 1-2 (Fig IV) but begin with R.
- 5-8 Repeat action of meas 1-4 (Fig IV). Adjust length of steps so as to keep behind ptr.
- 9 Turning R to face ptr, step L (ct 1). Close R to L (no wt) (ct 2).
- Women: Meas 1: Making 1/2 turn R to face ctr, step R (ct 1). Touch L to R (nowt) (ct 2).
- Meas 2-9: Beg with hop on R, dance 8 Click Steps moving to L. If not close enough to neighbors to join hands, move diag in to L on Click Steps so hands may be joined as soon as possible. Hold skirts until hands are joined. On last Click Step drop hands and make 1/2 turn R to face ptr.

V. MAN LIFTS WOMAN

- 1-5 Beginning M R, W L dance 5 balance steps. On first two dance in place, hands on hips, If necessary, adjust pos so as to be close to and facing ptr. On 3rd and 4th join hands straight across. M pull W out of ctr so as to widen circle. On 5th Balance Step change to shoulder-waist pos,

- 6 M prepare to lift W (ct 1). M lift W up and to his R (ct 2).
- 7 M put W down on outside of circle. M now has back to ctr.
- 8 In preparation for turn, W put R hand on M L shoulder. W L hand hold skirt. M put R hand at W waist, M L arm out to side, just below shoulder height, palm down.

VI. TURN WITH PARTNER

- 1-13 Beginning M L, W R dance 13 Turning Steps to make 6-1/2 CW turns moving in LOD, M L arm moves easily up and down as his body follows the accents of the Turning Steps. Do not exaggerate arm movement. M end on outside of circle, facing ctr.

VII. FINALE

- 1-2 Men: Passing to RLOD side of W, walk 4 steps twd ctr beginning R.
- 3-4 On meas 3, ct 1 stamp R ft and clap hands. On remaining 3 cts bring arms fwd, up, and over to rest on neighbor's shoulders.
- 5 Hop on L twice, clicking heels each time.
- 6 Leap to R side on R bending L knee so L leg crosses behind R knee (ct 1). L knee is turned out to L. L ankle is just about behind R knee. Step L across behind R (ct 2).
- 7-22 Repeat action of meas 5-6 (Fig VII) 8 more times (9 in all). During last repeat M will hear W stamp twice.
- 23-24 With 3 steps (R, L, R) turn R to face W circle. This may or may not be your ptr. With hands on hips, stamp L.
- Women: Meas 1-2 With 3 steps (L, R, L) move fwd, away from ctr, making 1/2 turn R to face ctr. Touch R beside L (no wt) (meas 2, ct 2), hands hold skirts.

Meas 3-4: Beginning R and facing a little L of LOD, walk 3 steps in LOD. Facing ctr, touch L beside R (no wt) (meas 4, ct 2).

Meas 5-6: Turning to face a little R of RLOD, walk 3 steps L, R, L. Facing ctr, touch R beside L (no wt) (meas 6, ct 2).

Meas 7-18: Repeat W action of meas 3-6 (Fig VII) three times.

Meas 19-20: Repeat W action of meas 3-4 (Fig VII).

Meas 21: Facing ctr, stamp L (no wt) and clap hands (ct 1). Hold (ct 2).

Meas 22-23: Repeat W action of meas 21 (Fig VII) twice (3 times in all). Put wt on last stamp.

Meas 24: Holding skirts, step to R side on R (ct 1). Step L behind R and curtsy to M circle.