

Koster C'hoad France

Koster C'hoad (KOHST-ehr HWAHT) means "at the edge of the forest" in Breton, the Celtic language of Brittany. It is a dance of the gavotte family from the region of Finistère in western Brittany. Germain Hébert learned it from Huguette Bochez in 1976 and introduced it at the Stockton Folk Dance Camp in 1993. It is also performed by Triskell in Montréal.

CASSETTE: Hébert, Chants et Danses des Provinces Francaises, Stockton '93, Side B/5; 2/4 meter
Hébert, North-South Teachers' Seminar 1992, Side B/5.

RECORD: L. P. Vogue LDM 30194, Side A/4.

FORMATION: Lines of 10-12 dancers facing center, hands joined at chest level. Elbows are bent, right over left, so that dancers are close together.

STYLING: The dance is led from the left and progresses gradually in RLOD. Each count uses either a leap or a hop, so the action is springy, down on each beat and up between beats. Keep weight on the balls of the feet, with knee of the supporting leg slightly bent.

Measures	2/4 meter	PATTERN
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INTRODUCTION None; but Hébert recommends waiting four measures before beginning dance.

I. SIDE TOUCH

- 1 Leap onto L, as R heel scuffs diag fwd to L (ct 1); leap onto R across in front of L (ct 2).
- 2 Hop on R, pointing L toe low to L, L knee straight ct (1); hop on R, pointing L toe low in front of R, L knee straight (ct 2).
- 3 Leap onto L, pointing R toe low to R, R knee straight (ct 1); hop on L, pointing R toe low in front of R, R knee straight (ct 2).
- 4 Repeat meas 3 with opp ftwk and direction.
- 5-16 Repeat meas 1-4 three times (twice if waiting out the first four meas)

II. MODIFIED GRAPEVINE

- 1 Repeat Figure I, meas 1.
- 2 Step sdwd L on L (ct 1); step on R behind L (ct 2).
Note: meas 1 and 2 combine to make a modified grapevine step.
- 3 Hop on R ft, lifting L knee and flicking L heel twd R shin (ct 1); leap onto L to L, kicking R ft high behind (ct 2).
- 4 Leap onto R behind L, kicking L fwd (ct 1); hop on R ft, lifting L knee and flicking L heel twd R shin (ct 2)
- 5-16 Repeat meas 1-4 three times.

DANCE SEQUENCE. Dance pattern seven times as written.