

## Koga Me Mama Rodila

(Bulgaria- Trakia)

Koga Me Mama Rodila (koh-GAH meh MAH-mah roh-DEE-lah) is a basic Pravo Trakijsko variation adapted by Yves Moreau to this well-known folk song. It was presented by Yves Moreau at the 2004 Stockton Folk Dance Camp.

CD: *Bulgarian Folk Dances Vol. 5*—Stockton Folk Dance Camp 2004, Band 10. 2/4 meter

Formation: Mixed lines, hands joined down in V-pos. Face ctr, wt on L.

Styling: Earthy, proud steps.

---

Meas

Pattern

---

INTRODUCTION No action. (Begin after long improvised tambura solo).

### BASIC PATTERN

- 1 Facing ctr, step on R to R (ct 1); step on L in front of R (ct &); step on R to R facing ctr (ct 2).
- 2 Step on L twd ctr (ct 1); step back on R (ct 2); step back on L (ct &).
- 3 Facing ctr, step on R, leaning body to R (ct 1); step on L leaning body to L (ct 2).
- 4 Step on R to R (ct 1); step on L behind R (ct &); step on R to R (ct 2).
- 5 Step on L to L, sending R leg out to R and fwd (ct 1); close R to L softly in a slight CW circular motion, leaning upper body slightly fwd (ct 2).

Repeat dance from beginning.

### Song Words

/ Koga me mama rodila, (lele) /

/ V Kalofer se e slučilo /

/ Zatuji običam Halkana, (lele) /

/ Halkana i Jumrukčala, (lele) /

/ Prâskaloto i Džendema, (lele) /

/ Raja i ošte kupena, (lele) /

/ Potoci bujni penlivi, (lele) /

/ I vodokoci igrivi, (lele) /

### Translation

When mother gave birth to me, it was in

Kalofer. This is why I love the

surrounding mountains with their

sweeping and foamy torrents and playful

waterfalls.