

# Kikapuu

(Estonia)

Kikapuu (KEEK-ah-poo) is a couple dance that is known throughout the country. The name has no known meaning. This dance was taught by Juha-Matti (“Jussi”) Aronen at the 2003 Stockton Folk Dance Camp. He learned it in the village of Kavandi from villagers who were born about 1910.

CD: *Estonian Dances: Stockton Folk Dance Camp*, Band 16. 2/4 meter

Formation: Circle of cpls facing LOD (CCW) in Varsouvienne pos, M behind and to L of W.

Steps: Varsouvienne position\*, Walk\*.

All figures in this dance start on the L ft for both M and W.

\*Described in the “General Glossary” of *Steps & Styling (rev. 1996)*, published by the Folk Dance Federation of CA, Inc.

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Meas	Pattern
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2 meas      INTRODUCTION No Action.

I. RUNS WITH HEEL-STEPS

1-2      All dance 4 quick steps fwd in LOD.

3-4      Touch L heel fwd (ct 1); step on L in place (ct 2). Repeat with R ft.

5-8      Repeat meas 1-4.

II. OUT AND IN, WOMEN TURN

1-2      M face twd ctr; W face out. Dance 4 steps away from ptr. On meas 2, ct 2, clap and turn to face ptr. M turn to their L (CCW), and W to their R (CW).

3-4      Dance 4 steps back to ptr and join R hands.

5-8      Moving in LOD, M walk 8 steps fwd while W turn 4 times under M's R arm. W turn to R (CW) and dance 2 steps per turn.

Dance repeats from the beginning. To make the dance progressive, M move to W behind them (angle back to R on Fig. II, meas 3-4). Begin progression second time through the dance so original ptrs can dance together at least once.