Kikapuu

(Estonia)

Kikapuu (KEEK-ah-poo) is a couple dance that is known throughout the country. The name has no known meaning. This dance was taught by Juha-Matti ("Jussi") Aronen at the 2003 Stockton Folk Dance Camp. He learned it in the village of Kavandi from villagers who were born about 1910.

CD:  
*Estonian Dances: Stockton Folk Dance Camp*, Band 16.  
2/4 meter

Formation:  
Circle of cpls facing LOD (CCW) in Varsouvienne pos, M behind and to L of W.

Steps:  
Varsouvienne position*, Walk*.

All figures in this dance start on the L ft for both M and W.

*Described in the “General Glossary” of *Steps & Styling (rev. 1996)*, published by the Folk Dance Federation of CA, Inc.

<table>
<thead>
<tr>
<th>Meas</th>
<th>Pattern</th>
</tr>
</thead>
<tbody>
<tr>
<td>2 meas</td>
<td><strong>INTRODUCTION</strong> No Action.</td>
</tr>
</tbody>
</table>

I. **RUNS WITH HEEL-STEPS**

1-2  
All dance 4 quick steps fwd in LOD.

3-4  
Touch L heel fwd (ct 1); step on L in place (ct 2). Repeat with R ft.

5-8  
Repeat meas 1-4.

II. **OUT AND IN, WOMEN TURN**

1-2  
M face twd ctr; W face out. Dance 4 steps away from ptr. On meas 2, ct 2, clap and turn to face ptr. M turn to their L (CCW), and W to their R (CW).

3-4  
Dance 4 steps back to ptr and join R hands.

5-8  
Moving in LOD, M walk 8 steps fwd while W turn 4 times under M's R arm. W turn to R (CW) and dance 2 steps per turn.

Dance repeats from the beginning. To make the dance progressive, M move to W behind them (angle back to R on Fig. II, meas 3-4). Begin progression second time through the dance so original ptsrs can dance together at least once.