

# KAWIKA

(Hawaii)

Kawika (Kah VEE Kah) is a traditional Hawaiian chant in honor of King Kalakaua, whose given name was Kawika. The chant is performed to the beat of an ipu, which is a hollowed out gourd drum. This dance was presented by Iris Dragan at the workshop, Dance for Educators, co-sponsored by California State University at Sacramento and the National Dance Association of the American Alliance of Health, Physical Education and Recreation.

**MUSIC:** Lahaina's Fabulous Emma Sharpe\* by Tradewind Records, P. O. Box 8294, Honolulu, Hawaii. This is an excellent recording with much variety in Hawaiian song and dance. This recording does not include the break vamps. Kawika by Emma Kahelelani Bishop, 49th State, 45 RPM (HRC 205-B) includes the break vamps.

**FORMATION:** Stand in lines, knees slightly bent, R ft pointing fwd, L elbow bent with hand at ctr of chest, fingers extended; R arm extended straight fwd, palm parallel to floor.  
**NOTE:** There is no facial expression throughout the dance. It is a serious dance.

**STEPS AND STYLING:** HAND MOVEMENT: WAVE: Wrist relaxed, hand slightly cupped. With wrist flexible and fingers together the thumb moves fwd along the index finger as the fingers move in twd the palm; the thumb returns to orig pos as fingers straighten.

FOOT MOVEMENT: Knees are slightly bent throughout.

HELA R: Point R fwd and slightly diag R with toes touching floor softly (ct 1). Close R beside L (ct 2). HELA L: Reverse action of Hela R (cts 3, 4). UWEHE: Both heels lift slightly from floor, knees opening 6 to 8 inches. **NOTE:** M open knees widely. Stay in bent knee pos throughout this step.

VAMP R: Step sdwd, a short step, to R with R (ct 1); close L beside R (ct 2); step again to R with R (ct 3); L ft taps once beside R (ct 4). Weight is shifted on each step except on ct 4. VAMP L: Reverse action of Vamp R.

MUSIC 4/4

PATTERN

Measures

3 beats  
on Ipu  
& a call

**INTRODUCTION:** No action

Hawaiian

English

I. HELA

Eia no Kawika, ehe  
Kaheke a o no pua, ehe

Here is David, oh  
Descended like a flower, oh.

1-2

Feet: Hela R L R L

Hands: Wave at mouth (ct 1-4)  
Wave fwd at ctr (ct 1-4).

3-4

Hela R L R L

Pick flowers from trees  
(bring fingertips together  
high R diag fwd (ct 1-4);  
pick flowers from trees  
L diag (ct 1-4).

BREAK-VAMP

The following is used only with the "Kawika", Bishop Record and with this record the Break-Vamp is danced after each Fig. and repeat of each Fig. except after the repeat of Fig. IV.

SALUTE R

Step R (ct 1); brush L fwd

L hand at chest, palm down;

(ct 2, 3); uwehe (ct 4)

R extends to R side, palm down. Face turns to R.

SALUTE L: Reverse action of Salute R.

1-4 repeated Repeat action of meas 1-4 (Fig I).

II. VAMP, HELA

Na uwila maka hikina, ehe  
Malamala Hawaii, ehe.

The light coming from the East, oh, Brightens all of Hawaii.

1 Feet: Vamp R

Hands: Hands, palms facing fwd move from a high diag L to low diag R (ct 1-4).

2 Vamp L: Reverse action of meas 1, (Fig. II).

3-4 HeLa R L R L

Four waves. Arms extended down at sides. Move from lower hip (ct 1-2) to waist (ct 3-4), to shldrs (ct 1-2), to head (ct 3-4).

1-4 repeated Repeat action of meas 1-4, (Fig. II).

III. TURN AND HELA

Ku'eka Iono Pelekane  
Alohe ke kuini Palani

The news spread to England and the Queen of France heard.

Feet: Turn to face R.

Hands: L hand placed beside L ear, R hand extends fwd, palm fwd (ct 1); hold (ct 2-4; 1-4).

1-2 HeLa R L R L

Turn to face L.

3-4 HeLa R L R L

Reverse action of meas 1-2, (Fig. III).

1-4 repeated Repeat action of meas 1-4 (Fig. III).

IV. FACE FWD, HELA

Na wai eka pua iluna  
Na Kapaakea he makua,  
ehe.

Who is the great person?  
He is the son of Kapaakea,  
oh.

Feet: Face fwd.

Hands: Two waves at side of head (ct 1-4). Circle head with 2 waves, L hand moves CW & R hand moves CCW (ct 1-4).

1-2 HeLa R L R L

3-4 HeLa R L R L

Arms extend fwd, hands wave once (ct 1,2); as arms open to the sides at chest level wave again (ct 3); hold (ct 4). Arms continue to move so that hands come to ctr of chest, palms twd chest, but not touching (ct 1-4).

1-4 Repeat action of meas 1-4 (Fig. IV).

repeated

V. HELA

Haina ia mai ana kapuana  
Kalani Kawika he inoa, ehe.

Thus ends the song  
For David is his name, oh.

1 Feet: HeLa R L

Hands: L hand at hip, palm out, R hand waves at mouth (ct 1-2); and diag out to R (ct 3-4)

2 HeLa R L

R hand at hip, L hand waves at mouth (ct 1-2), and diag out to side (ct 3-4).

3 HeLa R L

King's Gesture: L arm is raised high above head, palm fwd; R arm is extended straight fwd, palm up (ct 1-4).

4 HeLa R L

Both hands wave at mouth (ct 1, 2); then both are extended fwd, waving once (ct 3, 4).

1-4 Repeat action of meas 1-4 (Fig. V).

repeated

ENDING

E Ali'i E.

Hail to our leaders!

1 Facing fwd, hold (ct 1-4).

Elbows bent, arms parallel to floor, fingertips meet, palms down, hands at ctr chest, hold (ct 1-4).

2 4 walking steps fwd R L R L

Salute R L R L (See Fig. I)

3 4 walking steps bkwd R L R L

Salute R L R L

4 Hold; leave R ft pointing directly fwd (ct 1). Hold (ct 2, 3, 4).

Open arms out to sides, chest height; continue to circle fwd to center front, palms down, elbows almost straight. (ct 1-4).

NOTE: On the Emma Sharpe recording\* which was used for the teaching, meas 1 of the Ending has 3 Ami movements.

AMI: a soft circling of the hips, moving the hips from R to back, to L, and across the front.

This dance may be presented to children or to an adult group. When it is presented to children, the Ending is done without the Ami movement.