

Joc în patru de la Târgul Lăpuș Romania

Joc în patru de la Târgul Lăpuș (zhohk in PAH-troo deh lah TURH-gool luh-POOSH) is a circle dance from northern Transylvania, taught by Theodor Vasilescu at the 1995 Mendocino Folklore Camp and at a second week lawn party at the 1995 Stockton Camp. The name means *dance for four* (two couples), the preferred grouping, but the Vasilescus danced it also as a single couple and as part of a larger group.

Cassette: Theodor Vasilescu: Romanian Folk Dances, '95 Mendocino Folklore Camp, No. 16;
Stockton Folk Dance Camp 1995, Side B/10. 6/8 meter

Formation: Hands are joined down in V-pos. May be danced in these formations:
1. circles of two or more couples, scattered about area, W to R of ptr, all facing ctr.
2. individual couples, scattered about the floor, ptrs facing.
3. mixed circle of any size, dancers facing ctr.

Styling: Movements are smooth and graceful. Feet are on or close to the floor at all times. The foot not bearing weight turns to follow body rotation. Ftwk is the same for all.

Measures	6/8 meter	PATTERN
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8 meas INTRODUCTION No action.

I. SIDE TO SIDE

- 1 Step sdwd R on R while turning torso CCW to bring R shldr twd ctr (cts 1-2); step on L near R, turning torso slightly CW (ct 3); step sdwd R on R while turning torso CCW as before and leaning slightly to the R (cts 4-6). In single couple formation arms follow movement of torso.
- 2 Repeat meas 1 with opp ftwk and direction.
- 3 Step sdwd R on R while turning torso slightly CCW (cts 1-3); step on L across in front of R while turning torso slightly CW and leaning a little to L (cts 4-6).
- 4 Facing ctr, step sdwd on R to R (cts 1-2); step on L near R (ct 3); leaving L in place, step sdwd on R to R, inclining torso slightly R (cts 4-6).
- 5-8 Repeat meas 1-4 with opp fwk and direction. End facing ctr with feet a shldr width apart, wt mostly on L ft.

II. CIRCLING CCW.

Hand positions:

1. single cpls take shldr/shldr-blade pos.
2. in circle of cpls, M join hands behind W backs; W place hands on shldrs of adjacent M.
3. in mixed circle hands may remain in V-pos.

- 1 Keeping both ft on floor, shift wt onto R ft, bending and straightening knees while turning torso slightly CCW (cts 1-3); repeat with opp ftwk and direction (cts 4-6).
- 2 Repeat meas 1, cts 1-3 without turning torso (cts 1-3); moving sdwd CCW in a circle, step on L in front of R bending and straightening L knee (cts 4-5); step sdwd R on R, both knees straight (ct 6).
- 3 Repeat meas 2, cts 4-6 twice (cts 1-3,4-6).
- 4 Repeat meas 2, cts 4-6 (cts 1-3); step on L in front of R, bending and straightening knees (cts 4-5); turning to face ctr, place R ft out to R side about a shldr width from L, but put no wt on it (ct 6).
- 5-8 Repeat meas 1-4.

SEQUENCE: Dance pattern as written three times.