

## Jerusalema

(South Africa)

It has been compared to the Macarena because of its infectious music, simple movements, and rapid and wide acceptance by dancers. As a result of the internet and the Jerusalema Dance Challenge, this dance has spread around the globe. Although Jerusalema does not fit everyone's definition of a folk dance, this dance is certainly being done by a lot of folks. There are video examples of dancers enjoying this dance in the Netherlands, Stuttgart Airport, Bucharest, a Swedish Hospital, Libertatii Square in Timisoara, Romania, and Hadassah Medical Center in Jerusalem, Israel. There are videos of children, priests, health care workers, police, and beachgoers. Dancers often carry and eat from small trays of food because the original video that went viral and started this craze showed just that. The lyrics are in Zulu.

- Music: 4/4 meter Music can be downloaded from a variety of internet sources. The original cut of the music is quite long and may need to be cut.
- Video: An internet search will yield dozens of videos with a variety of styles. On Google or YouTube, search for "Jerusalema."
- Formation: A four-wall line dance. Dancers start facing the same wall.
- Steps & Styling: The steps are uncomplicated and allow for personal styling and embellishment in the form of arms movements, hip bumps, and claps.

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Meas	4/4	PATTERN
		<u>INTRODUCTION.</u> No action. Start at the beginning of any measure.
1		With the L slightly fwd, toes touching the ground, both knees bent, tap L toes four times in place (cts 1, 2, 3, 4). Optional: leave L in place and bend and flex the R knee four times.
2		On the "and" before ct 1, jump and switch the position of feet so R is slightly fwd, knees bent. Repeat meas 1 with opp ftwk (cts 1, 2, 3, 4).
3		On the "and" before ct 1, jump and switch the position of feet so they are the same as in meas 1, L slightly fwd and knees bent. Repeat this movement so legs switch position four times, once each beat (cts 1, 2, 3, 4).
4		On the "and" before ct 1, jump and switch the position of feet, this time stepping L fwd (ct 1); continuing moving fwd but turning ¼ L while walking 3 steps fwd (R, L, R), to end facing the wall to the left. Optional: some dancers bend at the waist on ct 1 and rise slowly to standing position by ct 4.
5		Touch L to L (ct 1); walk 3 steps (L, R, L) to L.
6		Touch R in front (ct 1); walk bkwd 3 steps (R, L, R).

Sequence: Dance is repeated as described above, facing a new wall each time.

### Lyrics in English

Jerusalem is my home, guide me, take me with You.  
Do not leave me here.

My place is not here, my kingdom is not here.  
Guide me, take me with You.

Guide me, guide me, guide me, do not leave me here.

